

**60m SPRINT RESULTS**

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/10 2 Heats	1	Laura Eyres	St.Abbans		U/10 2 Heats	1	James O'Mara	St.Abbans	9.67
	2	Kate Dooley	St.Abbans			2	Fionn Delaney	Portlaoise	9.70
	3	Laura Malone	St.Abbans			3	Ryan Poole	Oughaval	9.80
U/12 5 Heats	1	Cara English	St.Abbans		U/12 3 Heats	1	Cillian Hoey	St.Michael's	
	2	Emma Newsome	Portlaoise			2	Daniel Downey	Portlaoise	
	3	Rachel Dooley	St.Abbans			3	Brian Chinda	St.Michael's	
U/14 3 Heats	1	Patience Chinda	St.Michael's		U/14 2 Heats	1	Jack Murphy	Emo/Rath	
	2	Ella Dunne	Oughaval			2	Ben Toomey	Portlaoise	
	3	Elaine Miller	BA&D			3	John Delaney	St.Abbans	
U/16 2 Heats	1	Chloe Keenan	Emo/Rath	8.22	U/16	1	Luke Buggy	Oughaval	7.92
	2	Niamh Tunney	BA&D	8.40		2	Aaron Foley	Oughaval	8.48
	3	Temí Adebári	Portlaoise	8.40		3	Davin Dunne	Portlaoise	8.76

**200m SPRINT RESULTS**

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	Time	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/18	1	Seoighe English	St.Abbans		U/18	1	Josh McDonald	St.Abbans	25.06
	2	Anna Keane	BA&D			2	Anthony Idris	Portlaoise	27.24
	3	Christine Craven	St.Abbans			3	Oisin Jago	Oughaval	27.57

**60m HURDLES RESULTS**

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/15	1	Leah Smullen	Portlaoise	11.39	U/15	1	Jack Murrell	Portlaoise	
	2	Katie Baldwin	St.Abbans	12.05		2	Ben Toomey	Portlaoise	
	3	Ellie Boland	Mountmellick	12.15		3	Jack Milton	St.Abbans	
U/17	1	Chloe Keenan	Emo/Rath	9.63	U/17	1	Anthony Idris	Portlaoise	9.99
	2	Seoighe English	St.Abbans	10.64		2	Matthew Buggy	Oughaval	10.44
	3	Aoibhin McDonald	St.Abbans	11.10		3	Luke Buggy	Oughaval	10.70

**DISTANCE RESULTS**

GIRLS 350m					BOYS 350m				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/11 Heats	1	Ciara Milton	St.Abbans	1.02	U/11 Heats	1	Adam Kelly	St.Abbans	1.03
	2	Laura Eyres	St.Abbans	1.03		2	Paudie Fahy	Emo/Rath	1.03
	3	Saffron Adams	Portlaoise	1.03		3	Darragh Duffy	Emo/Rath	1.04
GIRLS 600m					BOYS 600m				
U/13 Heats	1	Cara English	St.Abbans	2.04	U/13 Heats	1	Daniel Downey	Portlaoise	1.45
	2	Emma Jane Cuddy	Portlaoise	2.08		2	Cillian Hoey	St.Michael's	1.55
	3	Katie McLoughlin	Oughaval	2.08		3	Darragh Grady	Portlaoise	1.58



**SHOT PUTT RESULTS**

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	Distance	Age	Pos.	ATHLETES NAME	CLUB	Distance
U/14	1	Patience Chinda	St.Michaels	7.15	U/14	1	Jack Murphy	Emo/Rath	6.19
	2	Kaylah O'Mara	St.Abbans	6.21		2	Ben Toomey	Portlaoise	5.33
	3	Jessica Murray	St.Abbans	6.10		3	Conall O'Callaghan	Emo/Rath	4.90
U/16	1	Ava Foley	Oughaval	7.98	U/16	1	Aaron Foley	Oughaval	9.40
	2	Sarah Coyle	Mountmellick	7.50		2	Luke Buggy	Oughaval	7.90
	3	Leah Smullen	Portlaoise	7.05		3	Jack Murrell	Portlaoise	5.42
U/18	1	Seoighe English	St.Abbans	7.10	U/18	1	Anthony Idris	Portlaoise	8.77
	2	Niamh McDonald	BA&D	5.80		2	Matthew Buggy	Oughaval	6.98
	3					3	Cathal Lynam	BA&D	6.95

**RELAY TEAM WINNERS**

GIRLS 4 x 100m					BOYS 4 x 100m					
Age	Pos.	CLUB			Age	Pos.	CLUB			
U/11	1	Portlaoise		1.11	U/11	1	St.Abbans			
	2	St.Abbans		1.12		2	Emo/Rath			
	3	St.Abbans		1.20		3	Emo/Rath			
GIRLS 4 x 100m					BOYS 4 x 100m					
Age	Pos.	CLUB			Age	Pos.	CLUB			
U/13	1	St.Abbans			U/13	1	Portlaoise			
	2	Ballyfin				2	BA&D			
	3	Oughaval				3	St.Abbans			
GIRLS 4 x 200m					BOYS 4 x 200m					
Age	Pos.	CLUB			Age	Pos.	CLUB			
U/15	1	St.Abbans			U/15	1	St.Abbans			
	2	Portlaoise				2	Oughaval			
	Mix	3	Oughaval			3	Emo/Rath (mixed)			
GIRLS 4 x 200m					BOYS 4 x 200m					
Age	Pos.	CLUB			Age	Pos.	CLUB			
U/17	1	St.Abbans			U/17	1	Oughaval			
	-	2	BA&D			-	2	Portlaoise		
	U/19	3	Portlaoise			U/19	3			



<b>DISTANCE RESULTS</b>									
<b>GIRLS 800m</b>					<b>BOYS 800m</b>				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/15	1	Jessica Murray	St.Abbans	2.43	U/15	1	Sean O'Sullivan	St.Abbans	2.31
	2	Caoimhe Cuddy	Portlaoise	2.44		2	Jack Milton	St.Abbans	2.37
	3	Della McLoughlin	Oughaval	2.45		3	Jack Murrell	Portlaoise	2.42
<b>GIRLS 800m</b>					<b>BOYS 800m</b>				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/17	1	Niamh Tunney	BA&D	2.31	U/17	1	Eoin Cawley	St.Abbans	2.25
	2	Audrey Byrne	St.Abbans	2.38		2	Lee Murray	St.Abbans	2.29
	3	Kate O'Neill	St.Abbans	2.40		3	Richard McLoughlin	Oughaval	2.39
<b>GIRLS 800m</b>					<b>BOYS 800m</b>				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/19	1	Niamh McDonald	BA&D	2.44	U/19	1	Oisin Jago	Oughaval	2.17
	2	Sarah Delaney	BA&D	2.53		2			
	3	Emily O'Neill Delaney	Emo/Rath	3.13		3			

<b>LONG JUMP RESULTS</b>									
<b>GIRLS</b>					<b>BOYS</b>				
Age	Pos.	ATHLETES NAME	CLUB	Distance	Age	Pos.	ATHLETES NAME	CLUB	Distance
U/12	1	Cara English	St.Abbans	3.48	U/12	1	Daniel Downey	Portlaoise	4.07m
	2	Ciara Milton	St.Abbans	3.22		2	Brian Chinda	St.Michael's	4.04m
	3	Orla Carroll	Ballyfin	3.12		3	Kalem Buggy	St.Abbans	3.80m
U/18	1	Seoighe English	St.Abbans	4.15	U/18	1	Josh McDonald	St.Abbans	5.68
	2	Niamh Tunney	BA&D	3.82		2	Anthony Idris	Portlaoise	5.20
	3	Abbey Lawlor	BA&D	3.73		3	Matthew Buggy	Oughaval	4.85
U/10	1	Laura Eyres	St.Abbans	2.90	U/10	1	Johnny McGrath	St.Abbans	3.38
	2	Juilette Carroll	Ballyfin	2.80		2	James O' Mara	St.Abbans	3.11
	3	Clara Fleming	St.Abbans	2.66		3	Blake Thomas	Oughaval	2.92
<b>HIGH JUMP RESULTS</b>									
<b>GIRLS</b>					<b>BOYS</b>				
Age	Pos.	ATHLETES NAME	CLUB	HEIGHT	Age	Pos.	ATHLETES NAME	CLUB	HEIGHT
U/15	1	Tara Ring	Portlaoise	1.37	U/15	1	Jack Murphy	Emo/Rath	1.25
	2	Katie Baldwin	St.Abbans	1.20		2	Ben Toomey	Portlaoise	1.15
	3					3	Conall O'Callaghan	Emo/Rath	-
<b>GIRLS</b>					<b>BOYS</b>				
Age	Pos.	ATHLETES NAME	CLUB	HEIGHT	Age	Pos.	ATHLETES NAME	CLUB	HEIGHT
U/17	1	Seoighe English	St.Abbans	1.50	U/17	1	Matthew Buggy	Oughaval	1.55
	2	Emma Fitzpatrick	BA&D	1.29		2	Anthony Idris	Portlaoise	1.55
	3	Nora Alastal	Portlaoise	1.25		3	Eoin Cawley	St.Abbans	1.40
U/19	1				U/19	1			
	2					2			
	3					3			



SENIOR RESULTS							
LADIES 200m SPRINTS				MENS 200m SPRINTS			
Pos.	ATHLETES NAME	CLUB	TIME SECS.	Pos.	ATHLETES NAME	CLUB	TIME SECS.
1	Gillian Keenan	Emo/Rath	28.33	1	Shane Bowe	BA&D	24.13
2	Sarah Delaney	BA&D	31.29	2	Thomas Dunne	BA&D	29.13
3	Niamh McDonald	BA&D	32.06	3	Christy Dunne	Oughaval	36.10
LADIES 1500m				MENS 1500m			
Pos.	ATHLETES NAME	CLUB	TIME SECS.	Pos.	ATHLETES NAME	CLUB	TIME SECS.
1	Breda McDonald	BA&D	5.11	1	Cian Kelly	St.Abbans	4.06
2	Kate McDonald	BA&D	5.18	2	Brian Kelly	St.Abbans	4.08
3	Amy Geoghegan	Portlaoise	6.41	3	Cian McDonald	BA&D	4.18
LADIES SHOT PUTT				MENS SHOT PUTT			
Pos.	ATHLETES NAME	CLUB	DISTANCE	Pos.	ATHLETES NAME	CLUB	DISTANCE
1	Alannah Foley	Oughaval	6.00	1	Keith Gilligan	St.Abbans	
2	Edel Boland	Mountmellick	5.17	2	Seamus Fitzpatrick	Portlaoise	
3	Niamh McDonald	BA&D	5.05	3	John Territt	St.Abbans	
LADIES LONG JUMP				MENS LONG JUMP			
Pos.	ATHLETES NAME	CLUB	DISTANCE	Pos.	ATHLETES NAME	CLUB	DISTANCE
1	Siobhan McCann	St.Michael's	3.71	1	Eoin Keenan	Emo/Rath	6.29
2	Sarah Delaney	BA&D	3.66	2	Josh Mc Donald	St. Abbans	5.59
3	Christine Craven	St.Abbans	2.73	3	David Baldwin	St. Abbans	4.70

MASTERS RESULTS							
MASTER LADIES 1,000m				MASTER MENS 1,000m			
Pos.	ATHLETES NAME	CLUB	TIME SECS.	Pos.	ATHLETES NAME	CLUB	TIME SECS.
1	Collette English	St. Abbans		1	Rory Morrissey	Mountmellick	
2	Maria Cuddy	Portlaoise		2	Owen Connelly	St. Michaels	
3	Sharon Buggy	St. Abbans		3	Colm Fitzgerald	Portlaoise	