

LONG JUMP RESULTS									
GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	Distance	Age	Pos.	ATHLETES NAME	CLUB	Distance
U/12	1	Faye Brown	Portlaoise	3.49	U/12	1	Daniel Downey	Portlaoise	
	2	Patience Chinda	St. Michaels	3.44		2	Ben Reid	St. Abbans	
	3	Aisling Cawley	St. Abbans	3.10		3	Eoghan Lambe	Portlaoise	
U/18	1	Sarah Graham	St. Abbans	4.13	U/18	1			
	2	Katie Walsh	Portlaoise	3.51		2			
	3					3			
HIGH JUMP RESULTS									
GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	HEIGHT	Age	Pos.	ATHLETES NAME	CLUB	HEIGHT
U/15	1	Seoighe English	St. Abbans	1.45	U/15	1	Odhrán Dunphy	Rosenallis Kilcavan	1.30
	2	Sarah Coyle	Mountmellick	1.30		2	Eoin Cawley	St. Abbans	1.30
	3	Aoibhin McDonald	St. Abbans	1.20		3	Mathew Buggy	Oughaval	1.30
GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	HEIGHT	Age	Pos.	ATHLETES NAME	CLUB	HEIGHT
U/17	1	Sarah Graham	St. Abbans	1.45	U/17	1	TJ Burke	St. Abbans	1.45
	2	Munirat Shobowale	Mountmellick	1.25		2	Jack Delaney	Portlaoise	1.35
	3	Orla Hartigan	Emo Rath	1.15		3	Oisin Jago	Oughaval	1.20
U/19	1				U/19	1	Lee Mullen	Emo Rath	1.50
	2					2	Tom Buggy	St. Abbans	1.45
	3					3	Shane Bowe	Ballyroan Abbeyleix	1.40

SHOT PUTT RESULTS									
GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	Distance	Age	Pos.	ATHLETES NAME	CLUB	Distance
U/14	1	Sarah Coyle	Mountmellick	8.05	U/14	1	Adam Buggy	St. Abbans	6.87
	2	Leah Smullen	Portlaoise	6.59		2	Niall Carpenter	St. Abbans	6.72
	3	Grace Meade	Portlaoise	5.85		3	Séan Kirby	Portlaoise	5.65
U/16	1	Munirat Shobowale	Mountmellick	7.55	U/16	1	Shane Buggy	St. Abbans	10.25
	2	Siófra Marum	Portlaoise	6.45		2	Ben Holden	Mountmellick	7.20
	3	Rachel Anne Marshall	Portlaoise	5.60		3	Niall Kirby	Portlaoise	5.46
U/18	1	Sarah Graham	St. Abbans	8.01	U/18	1	Tom Buggy	St. Abbans	10.71
	2	Katie Walsh	Portlaoise	7.98		2	Daniel Puslednik	Mountmellick	8.90
	3					3	Wojciech Sucholdolski	Mountmellick	8.27
JUNIOR GUEST SHOT PUTT RESULTS									
Jnr.	1	Nicole Kehoe Dowling	St. Abbans	10.95	Jnr.	1	Eoin Keenan	Emo Rath	10.65
	2	Gillian Keenan	Emo Rath	8.88		2	Tom Buggy	St. Abbans	9.89
	3					3	Lee Mullen	Emo Rath	8.93

60m HURDLES RESULTS									
GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/15	1	Chloe Keenan	Emo Rath		U/15	1	Shane Buggy	St. Abbans	11.15
	2	Seoige English	St. Abbans			2	Gavin Dempsey	Portlaoise	11.50
	3	Amy Hyland	Rosenallis Kilcavan			3	Conor Brady	Portlaoise	11.85
U/17	1	Grainne Lalor	Rosenallis Kilcavan	10.78	U/17	1	John Hughes	Rosenallis Kilcavan	10.05
	2	Munirat Shobowale	Mountmellick	10.98		2	Darragh Corcoran	Ballyfin	11.15
	3					3	Andrew Kirk	Ballyroan Abbeyleix	11.75

DISTANCE RESULTS									
GIRLS 350m					BOYS 350m				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/11	1	Emma Jane Cuddy	Portlaoise	1.13.10	U/11	1	Daniel Downey	Portlaoise	1.03.10
	2	Orla Carroll	Ballyfin	1.13.50		3	Cillian Hoey	St. Michaels	1.04.00
	Heats	3	Sarah Mangan	Rosenallis Kilcavan		1.13.56	Heats	3	Tadhg Slattery
GIRLS 600m					BOYS 600m				
U/13	1	Ciara Malone	St. Abbans	2.03.10	U/13	1	Evan English	St. Abbans	1.54.93
	2	Rachel Ayres	St. Abbans	2.03.30		2	Jack Milton	St. Abbans	2.00.73
	Heats	3	Evanna Ryle	Rosenallis Kilcavan		2.04.50	Heats	3	Jack Murrell

60m SPRINT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/10 2 Heats	1	Orla Carroll	Ballyfin	10.10	U/10 2 Heats	1	Cillian Hoey	St. Michaels	
	2	Cara English	St. Abbans	10.35		2	Brian Chinda	St. Michaels	
	3	Emma Malone	St. Abbans	10.38		3	Daniel Downey	Portlaoise	
U/12 3 Heats	1	Patience Chinda	St. Michaels	9.30	U/12 3 Heats	1	Oliver MaCauley	Portlaoise	9.17
	2	Evanna Ryle	Rosenallis Kilcavan	9.35		2	Kevin Garry	St. Michaels	9.19
	3	Aisling Cawley	St. Abbans	9.50		3	Ben Toomey	Portlaoise	9.29
U/14 3 Heats	1	Chloe Keenan	Emo Rath	8.33	U/14 3 Heats	1	Eoin Cawley	St. Abbans	8.54
	2	Sarah Coyle	Mountmellick	8.75		2	Blake Kemmy	Oughaval	8.59
	3	Niamh Bland	Ballyfin	9.10		3	Lee Murray	St. Abbans	8.79
U/16	1	Grainne Lalor	Rosenallis Kilcavan		U/16 2 Heats	1	Josh McDonald	St. Abbans	
	2	Munirat Shobowale	Mountmellick			2	John Hughes	Rosenallis Kilcavan	
	3	Loren Kelly	Mountmellick			3	Ronan Hyland	Rosenallis Kilcavan	

200m SPRINT RESULTS

GIRLS					BOYS				
Age	Pos.	ATHLETES NAME	CLUB	Time	Age	Pos.	ATHLETES NAME	CLUB	
U/18	1	Katie Walsh	Portlaoise	32.25	U/18	1	Darragh Corcoran	Ballyfin	25.63
	2					2	Tom Buggy	St. Abbans	27.04
	3					3			

DISTANCE RESULTS									
GIRLS 800m					BOYS 800m				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/15	1	Faye McEvoy	Ballyroan Abbeyleix	2.39.86	U/15	1	Lee Murray	St. Abbans	2.34.30
	2	Amy Hyland	Rosenallis Kilcavan	2.45.96		2	Eoin Cawley	St. Abbans	2.35.50
	3	Seoige English	St. Abbans	2.46.57		3	Adam Buggy	St. Abbans	2.42.50
GIRLS 800m					BOYS 800m				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/17	1	Emily O'Neill	Emo Rath	2.59.10	U/17	1	Ronan Hyland	Rosenallis Kilcavan	2.24.60
	2					2	Oisin Jago	Oughaval	2.26.40
	3					3	Anthony Conroy	Mountmellick	2.42.40
GIRLS 800m					BOYS 800m				
Age	Pos.	ATHLETES NAME	CLUB	TIME	Age	Pos.	ATHLETES NAME	CLUB	TIME
U/19	1	Katie Walsh	Portlaoise		U/19	1	Cathal Connaughton	Oughaval	2.10.00
	2					2	Cian McDonald	Ballyroan Abbeyleix	2.15.00
	3					3	Shane Bowe	Ballyroan Abbeyleix	2.19.00

RELAY TEAM WINNERS									
GIRLS 4 x 100m					BOYS 4 x 100m				
Age	Pos.	CLUB			Age	Pos.	CLUB		
U/11	1	Ballyfin			U/11	1	St. Michaels		
	2	Rosenallis Kilcavan				2	St. Abbans		
	3	St. Abbans				3	Portlaoise		
GIRLS 4 x 100m					BOYS 4 x 100m				
Age	Pos.	CLUB			Age	Pos.	CLUB		
U/13	1	St. Abbans			U/13	1	St. Abbans		
	2	Mountmellick				2	Portlaoise		
	3	Portlaoise				3	St. Abbans		
GIRLS 4 x 200m					BOYS 4 x 200m				
Age	Pos.	CLUB			Age	Pos.	CLUB		
U/15	1	St. Abbans			U/15	1	Oughaval		
	2	Portlaoise				2	St. Abbans		
Mix	3	Ballyroan Abbeyleix / Rosenallis Kilcavan / St. Michaels				3			
GIRLS 4 x 200m					BOYS 4 x 200m				
Age	Pos.	CLUB			Age	Pos.	CLUB		
U/17	1				U/17	1	St. Abbans		
-	2				-	2	Rosenallis Kilcavan		
U/19	3				U/19	3	Portlaoise		

SENIOR RESULTS

SENIOR RESULTS									
LADIES 200m SPRINTS					MENS 200m SPRINTS				
	Pos.	ATHLETES NAME	CLUB	TIME SECS.		Pos.	ATHLETES NAME	CLUB	TIME SECS.
	1	Gillian Keenan	Emo Rath	28.55		1	Jack Fortune	Emo Rath	24.45
	2					2	Shane Bowe	Ballyroan Abbeyleix	24.85
	3					3	Lee Mullen	Emo Rath	
LADIES 1500m					MENS 1500m				
	Pos.	ATHLETES NAME	CLUB	TIME SECS.		Pos.	ATHLETES NAME	CLUB	TIME SECS.
	1	Breda McDonald	Ballyroan Abbeyleix	5.21.00		1	Cathal Connaughton	Oughaval	4.22.27
	2	Orla Fennelly	Oughaval	5.48.20		2	Tom Dunne	Ballyroan Abbeyleix	4.26.60
	3	Maria Cuddy	Portlaoise	6.03.40		3	Rory Morrissey	Mountmellick	4.29.10
LADIES SHOT PUTT					MENS SHOT PUTT				
	Pos.	ATHLETES NAME	CLUB	DISTANCE		Pos.	ATHLETES NAME	CLUB	DISTANCE
	1	Nicole Kehoe Dowling	St. Abbans	11.09		1	Seamus Fitzpatrick	Portlaoise	11.44
	2					2	Bernard Graham	St. Abbans	10.70
	3					3	John Territt	St. Abbans	9.33
LADIES LONG JUMP					MENS LONG JUMP				
	Pos.	ATHLETES NAME	CLUB	DISTANCE		Pos.	ATHLETES NAME	CLUB	DISTANCE
	1	Katie Walsh	Portlaoise	3.52		1	Shane Bowe	Ballyroan Abbeyleix	5.56
	2	Gillian Keenan	Emo Rath	3.18		2	Eoin Keenan	Emo Rath	5.54
	3					3	David Faulkner	Portlaoise	4.70