













**NOVICE LADIES 3K**

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	458	Louise Stack	Portlaoise	10.33	■				<b>Portlaoise</b> Louise Stack Joanne Carroll Maria Cuddy Anna Duggan	13	1st
2	479	Sinéad Kelly	St. Abbans		■						
3	455	Joanne Carroll	Portlaoise			■					
4	439	Maria Cuddy	Portlaoise				■				
5	456	Anna Duggan	Portlaoise					■	<b>St. Abbans</b> Sinéad Kelly Caitriona McDonald Sharon Buggy Kate Bermingham	34	2nd
6	441	Catriona McDonald	St. Abbans			■					
7	467	Siobhan Burke	Ballyroan Abbeyleix								
8	464	Catherine Ryan	Portlaoise						<b>St. Michaels</b> Louise Murphy Karen Phelan Gwen La Cumbre Helen McMahan	50	3rd
9	465	Louise Murphy	St. Michaels	12.26	■						
10	470	Karen Phelan	St. Michaels	12.34		■					
11	450	Sharon Buggy	St. Abbans				■				
12	468	Gwen La Cumbre	St. Michaels	12.40			■				
13	440	Olwyn Larkin	Portlaoise								
14	466	Ailbhe Culleton	Portlaoise								
15	457	Kate Bermingham	St. Abbans					■			
16	481	Laura Mahoney	Ballyroan Abbeyleix								
17	446	Deidre Brennan	St. Abbans								
<b>Guest</b>		Amy Walsh	Portlaoise	13.11							
18	474	Agnes Fennelly	Ballyroan Abbeyleix	13.15							
19	469	Helen McMahan	St. Michaels					■			
20	437	Aine McDonald	Ballyroan Abbeyleix								
21	443	Ciara Herron	St. Michaels	13.35							
22	448	Amanda Weldon	St. Michaels	13.37							





## Laois County Novice Road Championships

5th February 2017

Hosted by: Ballyfin AC Venue: Ballyfin

### NOVICE MENS 6K

					TEAM SCORES						
Pos.	No.	ATHLETES NAME	CLUB	TIME	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	529	Thomas Lupton	Portlaoise	20.12					<b>St. Abbans</b> Séan Geoghan Dermot Ayres Colin Coyne James Nolan	20	1st
2	520	Séan Geoghan	St. Abbans	20.15							
3	526	Dermot Ayres	St. Abbans	20.30							
Guest		Fionn Marum	Portlaoise	20.55							
4	521	Colin Coyne	St. Abbans	21.01					<b>Portlaoise</b> Thomas Lupton John Campbell Paul Cuddy Domhaill Farrell	32	2nd
5	517	John Campbell	Portlaoise	21.07							
6	526	Owen Connolly	St. Michaels	21.20							
7	501	Cathal Grennan	St. Michaels	21.28							
8	503	Paul Cuddy	Portlaoise	21.29					<b>Ballyfin</b> Liam Buggy Andrew Keogh Tony Cox Diarmuid Murphy	54	3rd
9	512	Larry Mahoney	Ballyroan Abbeyleix	21.32							
10	523	Liam Buggy	Ballyfin	21.33							
11	519	James Nolan	St. Abbans	21.36							
12	505	Liam Byrne	St. Abbans	21.47							
13	525	Andrew Keogh	Ballyfin	22.08							
14	515	Tony Cox	Ballyfin	22.10							
15	514	Paul Burke	Ballyroan Abbeyleix	22.32							
16	527	Liam Duffy	St. Michaels	22.40							
17	528	Diarmuid Murphy	Ballyfin	23.22							
18	522	Domhaill Farrell	Portlaoise	23.39							
19	509	Joe Walsh	Portlaoise	23.53							
20	516	Francis Flemming	St. Abbans	24.01							
21	510	Ronan Lynch	Ballyfin	24.23							
22	504	Anthony McDonald	St. Abbans	24.58							

