

OPEN GUEST CROSS COUNTRY RESULTS

U8 GIRLS			U8 BOYS		
POS.	ATHLETE	CLUB	POS.	ATHLETE	CLUB
1	Laura Ayres	St. Abbans	1	Michael Brennan	St. Abbans
2	Orla McEvoy	Rosenallis Kilcavan	2	Adam Kelly	St. Abbans
3	Saffron Adams	Portlaoise	3	Cormac Kehoe	St. Abbans
4	Heidi Browne	Oughaval	4	Charlie McEvoy	Rosenallis Kilcavan
5	Ellen Graham	St. Abbans	5	Johnny McGrath	St. Abbans
6	Alannah Kelly	St. Abbans	6	Séan McEvoy	Rosenallis Kilcavan
7	Heidi Buggy	St. Abbans	7	Jack Mulcahy	St. Abbans
8	Grace Cuddy	Portlaoise	8	Darragh Brennan	St. Abbans
9	Clare Knowles	St. Abbans	9	Liam O'Connor	Rosenallis Kilcavan
10	Ellie Knowles	St. Abbans	10	David Hughes	Rosenallis Kilcavan
11	Emer Pender	St. Abbans	11	Séan Miller	Ballyroan Abbeyleix
12	Saoirse Kehoe	St. Abbans	12	Jack Knowles	St. Abbans
13			13	Will Knowles	St. Abbans

RELAY CROSS COUNTRY TEAM RESULTS

GIRLS 4 x 250m (No Teams Filled)				BOYS 4 x 250m			
Age	Pos.	CLUB	CLUB	Age	Pos.	CLUB	3 Full Teams / 2 Teams Mixed
U/9	1	Emily Dunphy	Ballyroan Abbeyleix	U/9	1	Rosenallis Kilcavan	Conor Flanagan Paidi Peake Eoin Lalor Tadhg Hughes
	2	Karen Ayres	St. Abbans		2	St. Abbans	Kalem Buggy Cian O'Sullivan Archie McDonald Aaron Brennan
	3	Ailbhe Burke	St. Abbans		3	Portlaoise	Daniel Downey Ross Ring Jack Downey Tom McCaulay
	4	Ellen O' Mahoney	Ballyroan Abbeyleix				
	5	Hannah Burke	Ballyroan Abbeyleix				
	6	Milly Keatley	Oughaval				
GIRLS 4 x 500m				BOYS 4 x 500m			
Age	Pos.	CLUB	5 Full Teams / 2 Teams Mixed	Age	Pos.	CLUB	6 Full Teams / 2 Teams Mixed
U/11	1	St. Abbans	Aisling Cawley Rachel Ayres Jessica Murray Katie McGrath	U/11	1	St. Michaels	Jack Murphy Tom Corcoran Tristan Punch Kevin Garry
	2	Rosenallis Kilcavan	Evanna Ryle Aoibhin McEvoy Sarah Mangan Niamh Peake		2	Oughaval	Leon Delaney Tadhg Slattery Adam Murray Eolann McGuire
	3	Mountmellick	Torrie Lee Patricia Conroy Rachel Feery Gabija Appleby		3	St. Abbans	Fionn O'Sullivan James Kehoe Eoin Pender Pauric Moran

RELAY CROSS COUNTRY TEAM RESULTS

GIRLS 4 x 500m				BOYS 4 x 500m			
Age	Pos.	CLUB	3 Full Teams / 3 Teams Mixed	4	Pos.	CLUB	3 Full Teams / 2 Teams Mixed
U/13	1	Rosenallis Kilcavan	Evanna Ryle Amy Hyland Aoife Hughes Aerin Ryle	U/13	1	St. Abbans	Eoin Cawley Adam Buggy Lee Murray Jack Fenlon
	2	St. Abbans	Audrey Brennan Hollie Brennan Aoibhin McDonald Katie Baldwin		2	Rosenallis Kilcavan	Rory Lalor Conor Whelan Cathal McEvoy Niall Lalor
	3	Portlaoise	Caoimhe Cuddy Rebecca Marshall Doireann OConnor Aoife Cuddy		3	St. Abbans	Niall Carpenter Darragh Carpenter Evan English Jack Deegan
GIRLS 4 x 500m (No Teams Filled)				BOYS 4 x 500m			
Age	Pos.	ATHLETE	CLUB	Age	Pos.	CLUB	No Full Teams
U/15	1	Grainne Lalor	Rosenallis Kilcavan	U/15	1	Rosenallis Kilcavan	Ronan Hyland Odhran Dunphy John Hughes
	2	Bláthnaid Deegan	Ballyroan Abbeyleix		2	Ballyroan Abbeyleix	Colin Powders James O'Mahoney Aaron Powders
	3	Alice Bickerdike	Oughaval		3	Portlaoise	Niall Kirby Séan Kirby
GIRLS 4 x 500m				BOYS 4 x 500m			
Age	Pos.	CLUB	1 Full Team	Age	Pos.	CLUB	1 Full Teams / 2 Teams Mixed
U/17 U/19	1	St. Abbans	Maeve Maher Cara Maher Orla Davis Becky Fenlon	U/17 U/19	1	Oughaval	Canice Whearty Conor Whearty Matthew Buggy Oisin Jago
	2				2	Ballyroan Abbeyleix	Jessica Brennan Shane Bowe Ryan Hogg Paddy Brennan
	3				3	Ballyroan Abbeyleix	Sarah Delaney Cian McDonald Niamh McDonald Sinead McEvoy

SENIOR MENS 10K

					TEAM SCORES (Team of 6)								
Pos.	ATHLETES NAME	CLUB	NO'S	TIMES	1	2	3	4	5	6	WINNING CLUBS	POINTS	PLACE
1	Harry Lupton	Portlaoise	-	32.19	Yellow						Portlaoise Harry Lupton Tom Lupton Cyril Cuddy James Hamm Tony Reilly Aengus Burke	46	1st
2	Colin Maher	Ballyfin	130	33.06	Orange								
3	Stephen Hunter	St. Abbans	228	34.41	Grey								
4	Tom Lupton	Portlaoise	-	35.07		Yellow							
5	Colm Burke	St. Abbans	-	35.18		Grey							
6	David O'Mahoney	Ballyfin	125	35.30		Orange							
7	Cyril Cuddy	Portlaoise	-	35.33			Yellow				St. Abbans Stephen Hunter Colm Burke John Fenlon Brian Kelly Stephen Lawlor Gary Cantwell	60	2nd
8	Riobead Miller	Ballyfin	131	35.37			Orange						
9	James Hamm	Portlaoise	-	35.48				Yellow					
10	John Fenlon	St. Abbans	297	35.59			Grey						
11	Brian Kelly	St. Abbans	254	36.27				Grey					
12	Tony Reilly	Portlaoise	-	36.39					Yellow				
13	Aengus Burke	Portlaoise	-	36.40						Yellow	Ballyfin Colin Maher David O'Mahoney Riobead Miller Ciaran Fitzpatrick Cormac Fitzpatrick Shane Delaney	81	3rd
14	Stephen Lawlor	St. Abbans	300	37.05					Grey				
15	Tom Dunne	Ballyroan Abbeyleix	988	37.10									
16	Ciaran Fitzpatrick	Ballyfin	132	37.26				Orange					
17	Gary Cantwell	St. Abbans	206	37.31						Grey			
18	Patrick Marshall	Portlaoise	-	37.56									
19	Conor Barry	St. Abbans	088	38.04									
20	James Nolan	St. Abbans	002	38.33									
21	Liam Byrne	St. Abbans	001	38.39									
22	Noel Burke	Ballyroan Abbeyleix	985	38.43									
23	Richie Reid	Portlaoise	-	38.50									
24	Cormac Fitzpatrick	Ballyfin	133	39.55					Orange				
25	Shane Delaney	Ballyfin	135	40.04						Orange			
26	John Kirwin	Ballyroan Abbeyleix	989	40.16									

