

## Streets of Portlaoise 5K 2016 Results

| <u>Place</u> | <u>Name</u>                      | <u>Net Time</u> | <u>Gross Time</u> | <u>Bib</u> | <u>Club</u>            |
|--------------|----------------------------------|-----------------|-------------------|------------|------------------------|
| 1            | <a href="#">Eoin EVERARD</a>     | 00:14:46        | 00:14:48          | 481        | kch                    |
| 2            | <a href="#">William MAUNSELL</a> | 00:14:49        | 00:14:49          | 221        | Clonmel AC             |
| 3            | <a href="#">Brian MAHER</a>      | 00:14:49        | 00:14:51          | 299        | Kilkenny City Harriers |
| 4            | <a href="#">Stephen LAWLOR</a>   | 00:14:56        | 00:14:57          | 446        | Saint Abbans AC        |
| 5            | <a href="#">Colin MAHER</a>      | 00:14:58        | 00:14:58          | 486        | Ballyfin               |
| 6            | <a href="#">Thomas HAYES</a>     | 00:15:06        | 00:15:08          | 482        | kch                    |
| 7            | <a href="#">Killian MOONEY</a>   | 00:15:49        | 00:15:49          | 250        | DSD AC                 |
| 8            | <a href="#">Barry KEANE</a>      | 00:16:00        | 00:16:01          | 445        | Waterford AC           |
| 9            | <a href="#">Brian KIRWAN</a>     | 00:16:08        | 00:16:10          | 295        | St Laurence OToole AC  |
| 10           | <a href="#">Pat BYRNE</a>        | 00:16:15        | 00:16:18          | 266        | Tinryland AC           |
| 11           | <a href="#">Cian KELLY</a>       | 00:16:21        | 00:16:24          | 333        | Saint Abbans AC        |
| 12           | <a href="#">Martin HOARE</a>     | 00:16:23        | 00:16:25          | 473        | Celbridge AC           |
| 13           | <a href="#">Stephen HUNTER</a>   | 00:16:27        | 00:16:30          | 272        | St Michaels AC         |
| 14           | <a href="#">Tom DUNNE</a>        | 00:16:30        | 00:16:32          | 305        | Ballyroan Abbeyleix AC |
| 15           | <a href="#">James HAMM</a>       | 00:16:31        | 00:16:34          | 319        | Portlaoise             |
| 16           | <a href="#">Ryan SWABY</a>       | 00:16:35        | 00:16:36          | 406        | Waterford AC           |
| 17           | <a href="#">Stephen CONROY</a>   | 00:16:38        | 00:16:38          | 94         | Celbridge AC           |
| 18           | <a href="#">Cyril CUDDY</a>      | 00:16:46        | 00:16:49          | 465        | Portlaoise             |
| 19           | <a href="#">Daniel HANNIGAN</a>  | 00:16:52        | 00:16:55          | 196        | Letter Kenny AC        |
| 20           | <a href="#">Mark HACKETT</a>     | 00:16:52        | 00:16:56          | 269        | St Michaels AC         |
| 21           | <a href="#">Noel MARUM</a>       | 00:16:56        | 00:16:59          | 78         | Portlaoise             |
| 22           | <a href="#">Trevor CORCORAN</a>  | 00:16:58        | 00:17:01          | 150        | St Laurence OToole AC  |
| 23           | <a href="#">David SHELLY</a>     | 00:17:00        | 00:17:06          | 417        | Ballynonty AC          |
| 24           | <a href="#">Roibeard MILLER</a>  | 00:17:11        | 00:17:15          | 443        |                        |
| 25           | <a href="#">Ciaran CARR</a>      | 00:17:17        | 00:17:20          | 12         | Newbridge AC           |
| 26           | <a href="#">Paddy O'KEEFE</a>    | 00:17:22        | 00:17:28          | 278        | Gowran                 |
| 27           | <a href="#">John CAMPBELL</a>    | 00:17:28        | 00:17:31          | 428        | Portlaoise             |
| 28           | <a href="#">Colm FITZGERALD</a>  | 00:17:30        | 00:17:34          | 16         | Portlaoise             |
| 29           | <a href="#">Trevor MCCORMACK</a> | 00:17:33        | 00:17:37          | 455        | Portlaoise             |
| 30           | <a href="#">Paul CUDDY</a>       | 00:17:35        | 00:17:39          | 337        | Portlaoise             |
| 31           | <a href="#">Eoghan POWER</a>     | 00:17:46        | 00:17:47          | 282        | Portlaoise             |
| 32           | <a href="#">Simon O'DYWER</a>    | 00:17:42        | 00:17:48          | 193        | Gowran                 |
| 33           | <a href="#">Ciaran KEENAN</a>    | 00:17:44        | 00:17:49          | 122        |                        |
| 34           | <a href="#">David BROWNE</a>     | 00:17:47        | 00:17:50          | 25         | Newbridge AC           |
| 35           | <a href="#">Cian TAYLOR</a>      | 00:17:49        | 00:17:54          | 382        | Ballyfin               |
| 36           | <a href="#">Liam BUGGY</a>       | 00:17:51        | 00:17:55          | 485        | Ballyfin               |
| 37           | <a href="#">Fionn MARUM</a>      | 00:17:53        | 00:17:58          | 345        | Portlaoise             |
| 38           | <a href="#">Michael CONNEELY</a> | 00:17:57        | 00:18:01          | 1131       | Tullamore Harriers     |
| 39           | <a href="#">Ian MCDONALD</a>     | 00:18:01        | 00:18:02          | 306        | Ballyroan Abbeyleix AC |
| 40           | <a href="#">Noel COSS</a>        | 00:18:06        | 00:18:09          | 279        | St Michaels AC         |
| 41           | <a href="#">Noel BURKE</a>       | 00:18:08        | 00:18:12          | 77         | Ballyroan Abbeyleix AC |
| 42           | <a href="#">James NOLAN</a>      | 00:18:10        | 00:18:14          | 309        | Saint Abbans AC        |
| 43           | <a href="#">Pauline CURLEY</a>   | 00:18:11        | 00:18:16          | 419        | Tullamore Harriers     |
| 44           | <a href="#">David POWDERS</a>    | 00:18:12        | 00:18:19          | 26         | Portlaoise             |
| 45           | <a href="#">Colm MCEVOY</a>      | 00:18:22        | 00:18:25          | 297        | Saint Abbans AC        |
| 46           | <a href="#">Ciaran PURCELL</a>   | 00:18:26        | 00:18:31          | 324        |                        |

| <b>Place</b> | <b>Name</b>                       | <b>Net Time</b> | <b>Gross Time</b> | <b>Bib</b> | <b>Club</b>               |
|--------------|-----------------------------------|-----------------|-------------------|------------|---------------------------|
| 47           | <a href="#">John LAMBE</a>        | 00:18:26        | 00:18:32          | 137        | Trilogy                   |
| 48           | <a href="#">Conor BUTLER</a>      | 00:18:30        | 00:18:35          | 467        | Tullamore Harriers        |
| 49           | <a href="#">Domhall O'FARRELL</a> | 00:18:38        | 00:18:43          | 286        | Portlaoise                |
| 50           | <a href="#">Matthew OBYRNR</a>    | 00:18:39        | 00:18:48          | 68         | Tullamore T.C             |
| 51           | <a href="#">Mark DREELING</a>     | 00:18:49        | 00:18:54          | 353        |                           |
| 52           | <a href="#">Adam HOLDEN</a>       | 00:18:51        | 00:18:56          | 214        | Mount Mellick AC          |
| 53           | <a href="#">Eddie ALLEN</a>       | 00:19:12        | 00:19:17          | 325        | Emo/rath AC               |
| 54           | <a href="#">Seán DELANEY</a>      | 00:19:14        | 00:19:20          | 91         |                           |
| 56           | <a href="#">Michael DOYLE</a>     | 00:19:17        | 00:19:22          | 350        | Kildare                   |
| 55           | <a href="#">Shauna MORAN</a>      | 00:19:17        | 00:19:22          | 350        | Dunshalughlin AC          |
| 57           | <a href="#">Darren BUTLER</a>     | 00:19:23        | 00:19:28          | 466        | Tullamore Harriers        |
| 58           | <a href="#">Lynne HENNESSY</a>    | 00:19:23        | 00:19:29          | 484        |                           |
| 59           | <a href="#">Patrick BOME</a>      | 00:19:24        | 00:19:32          | 227        | Moyne AC                  |
| 60           | <a href="#">Olly CARROLL</a>      | 00:19:30        | 00:19:34          | 287        | Portlaoise                |
| 61           | <a href="#">Niamh QUINN</a>       | 00:19:29        | 00:19:35          | 76         | Portlaoise                |
| 62           | <a href="#">Adele WALSH</a>       | 00:19:31        | 00:19:37          | 405        | St Senans AC              |
| 63           | <a href="#">Diarmuid MURPHY</a>   | 00:19:33        | 00:19:39          | 133        |                           |
| 64           | <a href="#">Sean MOONEY</a>       | 00:19:31        | 00:19:44          | 270        | Bellahousten Road Runners |
| 65           | <a href="#">Matthew KELLY</a>     | 00:19:38        | 00:19:45          | 391        |                           |
| 66           | <a href="#">Bertie WALSH</a>      | 00:19:38        | 00:19:46          | 129        |                           |
| 68           | <a href="#">Colette ENGLISH</a>   | 00:19:44        | 00:19:50          | 438        |                           |
| 69           | <a href="#">Kevin SHELLY</a>      | 00:19:43        | 00:19:50          | 416        | Ballynonty AC             |
| 67           | <a href="#">Fergal DOYLE</a>      | 00:19:42        | 00:19:50          | 1069       | Saint Abbans AC           |
| 70           | <a href="#">Shaun MAHER</a>       | 00:19:47        | 00:19:51          | 487        | Ballyroan Abbeyleix AC    |
| 71           | <a href="#">Tony COX</a>          | 00:19:47        | 00:19:53          | 171        |                           |
| 72           | <a href="#">Shay MCCOURT</a>      | 00:19:45        | 00:19:55          | 1222       | St Michaels AC            |
| 73           | <a href="#">Johnny DORIS</a>      | 00:19:45        | 00:19:56          | 46         | St Michaels AC            |
| 74           | <a href="#">Michael BUTLER</a>    | 00:19:49        | 00:19:57          | 71         | Trilogy                   |
| 75           | <a href="#">Sean SHERIDAN</a>     | 00:19:53        | 00:19:58          | 113        | Oughaval AV               |
| 76           | <a href="#">Seamus FINGLTON</a>   | 00:19:51        | 00:20:02          | 415        | Trilogy                   |
| 77           | <a href="#">Joanne CARROLL</a>    | 00:19:57        | 00:20:04          | 198        | Portlaoise                |
| 78           | <a href="#">Shane CARROLL</a>     | 00:19:56        | 00:20:06          | 190        |                           |
| 79           | <a href="#">Steven BYRNE</a>      | 00:19:58        | 00:20:07          | 191        |                           |
| 80           | <a href="#">Colm OWENS</a>        | 00:20:04        | 00:20:11          | 130        |                           |
| 81           | <a href="#">Thomas DOHENY</a>     | 00:20:07        | 00:20:15          | 285        |                           |
| 82           | <a href="#">Paul MCDONALD</a>     | 00:20:13        | 00:20:21          | 327        | Saint Abbans AC           |
| 83           | <a href="#">Trevor COLLINS</a>    | 00:20:14        | 00:20:21          | 229        | Naas                      |
| 84           | <a href="#">Brian HUTTON</a>      | 00:20:08        | 00:20:22          | 7          | Adrenaline                |
| 85           | <a href="#">Ken DRURY</a>         | 00:20:21        | 00:20:28          | 401        | Trilogy                   |
| 86           | <a href="#">Niall COLLINS</a>     | 00:20:24        | 00:20:32          | 228        | Portlaoise                |
| 87           | <a href="#">Jean MCEVOY</a>       | 00:20:26        | 00:20:33          | 149        | Ballyroan Abbeyleix AC    |
| 88           | <a href="#">Paul DUNNE</a>        | 00:20:28        | 00:20:33          | 255        | Ballyfin                  |
| 89           | <a href="#">Maura BAMBRICK</a>    | 00:20:25        | 00:20:34          | 69         | Gowran                    |
| 90           | <a href="#">Garry GARRETT</a>     | 00:20:31        | 00:20:40          | 164        |                           |
| 91           | <a href="#">Thomas DUNNE</a>      | 00:20:34        | 00:20:41          | 101        | Ballyfin                  |
| 92           | <a href="#">Dominic ÓBRAONÁIN</a> | 00:20:29        | 00:20:43          | 28         |                           |
| 93           | <a href="#">Ava O'CONNOR</a>      | 00:20:33        | 00:20:44          | 308        | Emo/rath AC               |
| 94           | <a href="#">Charlie HACKETT</a>   | 00:20:37        | 00:20:45          | 349        | St Michaels AC            |
| 96           | <a href="#">Stewart GEE</a>       | 00:20:26        | 00:20:48          | 176        | Trilogy                   |

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|--------------|------------------------------------|-----------------|-------------------|------------|------------------------|
| 95           | <a href="#">Donal MOONEY</a>       | 00:20:37        | 00:20:48          | 1200       |                        |
| 97           | <a href="#">Óisín JAGO</a>         | 00:20:43        | 00:20:51          | 431        | Oughaval               |
| 98           | <a href="#">Sandra FITZPATRICK</a> | 00:20:45        | 00:20:52          | 203        | Ballyroan Abbeyleix AC |
| 99           | <a href="#">Stephaine BERGIN</a>   | 00:20:47        | 00:20:58          | 447        |                        |
| 100          | <a href="#">Connie CONROY</a>      | 00:20:46        | 00:20:58          | 376        |                        |
| 101          | <a href="#">Mariusz BAK</a>        | 00:20:49        | 00:21:07          | 352        |                        |
| 102          | <a href="#">Liam MCGOVERN</a>      | 00:21:00        | 00:21:11          | 396        |                        |
| 103          | <a href="#">Eamonn BLANC</a>       | 00:21:00        | 00:21:12          | 1230       |                        |
| 104          | <a href="#">Adrian MANN</a>        | 00:20:56        | 00:21:14          | 1044       |                        |
| 105          | <a href="#">Mark BRADY</a>         | 00:21:05        | 00:21:16          | 274        | Tullamore Harriers     |
| 106          | <a href="#">Wojciech KLIMUK</a>    | 00:21:14        | 00:21:26          | 104        |                        |
| 107          | <a href="#">Gillian LYNCH</a>      | 00:21:09        | 00:21:30          | 178        | RSP                    |
| 108          | <a href="#">Aoife MCEVOY</a>       | 00:21:18        | 00:21:32          | 296        | St Michaels AC         |
| 109          | <a href="#">Caitriona MCDONALD</a> | 00:21:20        | 00:21:33          | 328        | Saint Abbans AC        |
| 110          | <a href="#">Maria MAHER</a>        | 00:21:24        | 00:21:34          | 336        | Bally Skenach AC       |
| 111          | <a href="#">John BUGGIE</a>        | 00:21:25        | 00:21:34          | 235        |                        |
| 112          | <a href="#">Daniel DALY</a>        | 00:21:22        | 00:21:37          | 322        |                        |
| 113          | <a href="#">Pawel OEBAKOWSKI</a>   | 00:21:38        | 00:21:48          | 412        | Trilogy                |
| 114          | <a href="#">Joe BREEN</a>          | 00:21:35        | 00:21:50          | 44         | Marathon Club Ireland  |
| 115          | <a href="#">Jp SEALE</a>           | 00:21:41        | 00:21:51          | 334        |                        |
| 116          | <a href="#">Marcus GING</a>        | 00:21:41        | 00:21:57          | 57         |                        |
| 117          | <a href="#">Siobhan BURKE</a>      | 00:21:51        | 00:21:58          | 245        | Ballyroan Abbeyleix AC |
| 118          | <a href="#">Rebecca FENLON</a>     | 00:21:47        | 00:21:59          | 247        | Saint Abbans AC        |
| 119          | <a href="#">David HUGHES</a>       | 00:21:41        | 00:21:59          | 119        |                        |
| 120          | <a href="#">Aoife MCEVOY</a>       | 00:21:48        | 00:22:02          | 298        | Trilogy                |
| 121          | <a href="#">Carmel MURRAY</a>      | 00:21:54        | 00:22:03          | 1010       | Birr                   |
| 122          | <a href="#">Koe WHELAN</a>         | 00:21:44        | 00:22:06          | 1291       | Trilogy                |
| 124          | <a href="#">Antony MULPETER</a>    | 00:22:00        | 00:22:09          | 213        | St Michaels AC         |
| 123          | <a href="#">Hugh GRIFFIN</a>       | 00:21:56        | 00:22:09          | 139        |                        |
| 125          | <a href="#">Denis SHEERAN</a>      | 00:21:57        | 00:22:11          | 435        |                        |
| 126          | <a href="#">Philip KEHOE</a>       | 00:22:04        | 00:22:12          | 411        |                        |
| 127          | <a href="#">Adam SCULLY</a>        | 00:22:08        | 00:22:16          | 182        |                        |
| 128          | <a href="#">Dearbhail CUDDY</a>    | 00:22:10        | 00:22:21          | 301        | Ballyroan Abbeyleix AC |
| 129          | <a href="#">Sean MCCORMACK</a>     | 00:21:55        | 00:22:22          | 410        |                        |
| 130          | <a href="#">Declan MANNION</a>     | 00:22:04        | 00:22:24          | 351        |                        |
| 131          | <a href="#">Seamus SMYTH</a>       | 00:22:07        | 00:22:27          | 170        |                        |
| 132          | <a href="#">Evan MAHER</a>         | 00:22:18        | 00:22:30          | 110        |                        |
| 133          | <a href="#">Colm MULLIGAN</a>      | 00:22:16        | 00:22:31          | 403        |                        |
| 134          | <a href="#">Donal CONROY</a>       | 00:22:19        | 00:22:33          | 173        | Ballyfin               |
| 135          | <a href="#">Eve O'DWYER</a>        | 00:22:22        | 00:22:34          | 194        | Gowran                 |
| 136          | <a href="#">Agnes FENNELLY</a>     | 00:22:30        | 00:22:37          | 273        | Abbeyleix              |
| 137          | <a href="#">Am</a>                 | 00:22:21        | 00:22:38          | 2          | SLOT                   |
| 139          | <a href="#">Andrew MURRAY</a>      | 00:22:24        | 00:22:40          | 3          | St Michaels AC         |
| 138          | <a href="#">Joe GRAHAM</a>         | 00:22:15        | 00:22:40          | 128        |                        |
| 140          | <a href="#">Trevor BRADY</a>       | 00:22:26        | 00:22:43          | 102        |                        |
| 141          | <a href="#">Martin NORTON</a>      | 00:22:36        | 00:22:46          | 397        |                        |
| 142          | <a href="#">Mairead MOORE</a>      | 00:22:35        | 00:22:49          | 248        | Saint Abbans AC        |
| 143          | <a href="#">Sharon BUGGY</a>       | 00:22:33        | 00:22:49          | 344        | Saint Abbans AC        |
| 144          | <a href="#">Matthew MCDONALD</a>   | 00:22:28        | 00:22:51          | 476        |                        |

| <b>Place</b> | <b>Name</b>                         | <b>Net Time</b> | <b>Gross Time</b> | <b>Bib</b> | <b>Club</b>            |
|--------------|-------------------------------------|-----------------|-------------------|------------|------------------------|
| 145          | <a href="#">Denis BRENNAN</a>       | 00:22:29        | 00:22:52          | 1241       |                        |
| 146          | <a href="#">Tim BONHAM</a>          | 00:22:29        | 00:22:53          | 293        | Ballyroan Abbeyleix AC |
| 147          | <a href="#">Kaspars BUTKINS</a>     | 00:22:36        | 00:22:58          | 251        |                        |
| 148          | <a href="#">Alison HOOBAN</a>       | 00:22:32        | 00:23:01          | 168        |                        |
| 149          | <a href="#">Fintan BRACKEN</a>      | 00:22:44        | 00:23:04          | 222        |                        |
| 150          | <a href="#">Conal BRADLEY</a>       | 00:22:53        | 00:23:08          | 424        |                        |
| 151          | <a href="#">Avril FLYNN</a>         | 00:22:50        | 00:23:08          | 1139       |                        |
| 152          | <a href="#">Darren BROPHY</a>       | 00:22:43        | 00:23:09          | 480        |                        |
| 153          | <a href="#">Cormac HANNON</a>       | 00:22:47        | 00:23:10          | 18         |                        |
| 154          | <a href="#">Joe MCEVOY</a>          | 00:23:11        | 00:23:20          | 386        |                        |
| 155          | <a href="#">Hugh THOMPSON</a>       | 00:22:49        | 00:23:22          | 413        |                        |
| 156          | <a href="#">Josh</a>                | 00:23:17        | 00:23:26          | 1213       |                        |
| 157          | <a href="#">Abina WHELAN</a>        | 00:23:05        | 00:23:26          | 1052       | Trilogy                |
| 159          | <a href="#">Anna DUGGAN</a>         | 00:23:22        | 00:23:31          | 238        | Portlaoise             |
| 158          | <a href="#">Philip KEOGH</a>        | 00:23:11        | 00:23:31          | 116        |                        |
| 160          | <a href="#">Padraig KAVANAGH</a>    | 00:23:07        | 00:23:33          | 442        |                        |
| 161          | <a href="#">Damien LANGAN</a>       | 00:23:11        | 00:23:35          | 23         | Dublin Frontr Runners  |
| 162          | <a href="#">Donal HOOBAN</a>        | 00:23:13        | 00:23:36          | 141        |                        |
| 164          | <a href="#">Conor DONOGHUE</a>      | 00:23:20        | 00:23:37          | 430        |                        |
| 163          | <a href="#">Ray BUCKLEY</a>         | 00:23:13        | 00:23:37          | 83         | Dublin Frontr Runners  |
| 166          | <a href="#">Domnick GLEESON</a>     | 00:23:17        | 00:23:38          | 1058       | ktrtc                  |
| 165          | <a href="#">John DUFFY</a>          | 00:23:18        | 00:23:38          | 126        |                        |
| 167          | <a href="#">Shane BUGGIE</a>        | 00:23:21        | 00:23:38          | 236        |                        |
| 168          | <a href="#">Mark BARTLEY</a>        | 00:22:52        | 00:23:40          | 472        |                        |
| 169          | <a href="#">Glenn SCULLY</a>        | 00:23:35        | 00:23:43          | 1249       | Trilogy                |
| 170          | <a href="#">Aine MURPHY</a>         | 00:22:49        | 00:23:44          | 439        |                        |
| 171          | <a href="#">Yvonne CULLETON</a>     | 00:23:25        | 00:23:45          | 371        | The Gym Portlaoise     |
| 172          | <a href="#">Paul OLOUGHLIN</a>      | 00:23:34        | 00:23:46          | 81         |                        |
| 173          | <a href="#">Tereasa BROUGHALL</a>   | 00:23:23        | 00:23:47          | 147        | St Michaels AC         |
| 174          | <a href="#">Paula GUINAN</a>        | 00:23:23        | 00:23:49          | 340        |                        |
| 175          | <a href="#">Thomas PROCTOR</a>      | 00:23:27        | 00:23:55          | 160        |                        |
| 176          | <a href="#">John O'DONOHUE</a>      | 00:23:42        | 00:23:59          | 115        |                        |
| 177          | <a href="#">Joe PAISLEY</a>         | 00:23:45        | 00:23:59          | 332        |                        |
| 178          | <a href="#">Una KINSELLA</a>        | 00:23:42        | 00:24:03          | 318        |                        |
| 179          | <a href="#">Liam BROPHY</a>         | 00:23:52        | 00:24:04          | 392        |                        |
| 180          | <a href="#">Robert NOLAN</a>        | 00:23:37        | 00:24:13          | 177        |                        |
| 181          | <a href="#">Mark FITZPATRICK</a>    | 00:23:49        | 00:24:16          | 331        |                        |
| 182          | <a href="#">Noel COSS</a>           | 00:23:55        | 00:24:17          | 184        | Mount Mellick AC       |
| 183          | <a href="#">Sean KIRBY</a>          | 00:23:25        | 00:24:18          | 263        | Portlaoise             |
| 184          | <a href="#">Patrica NAUGHTON</a>    | 00:23:52        | 00:24:18          | 462        | Portlaoise             |
| 185          | <a href="#">Martina DELANEY</a>     | 00:24:09        | 00:24:19          | 384        |                        |
| 186          | <a href="#">Paul PHILLIPS</a>       | 00:23:54        | 00:24:20          | 202        |                        |
| 187          | <a href="#">Conor CONROY</a>        | 00:24:02        | 00:24:20          | 291        | Rosenallis/Kilcavan    |
| 188          | <a href="#">Aler MARRON</a>         | 00:24:04        | 00:24:22          | 290        | Rosenallis/Kilcavan    |
| 189          | <a href="#">Linda CARR</a>          | 00:23:57        | 00:24:24          | 50         |                        |
| 190          | <a href="#">Tadgh SHEEHAN</a>       | 00:23:56        | 00:24:25          | 169        |                        |
| 191          | <a href="#">Cormac BUTLER</a>       | 00:24:08        | 00:24:27          | 19         |                        |
| 192          | <a href="#">Matthew DALYMINOGUE</a> | 00:24:17        | 00:24:28          | 121        |                        |
| 193          | <a href="#">Michael RENEHAN</a>     | 00:24:13        | 00:24:30          | 165        |                        |

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|--------------|-------------------------------------|-----------------|-------------------|------------|-------------------------|
| 194          | <a href="#">Kevin QUIGLEY</a>       | 00:24:08        | 00:24:30          | 242        | Break Away Running club |
| 195          | <a href="#">Anne BUTLER</a>         | 00:24:15        | 00:24:31          | 264        | SLOT                    |
| 196          | <a href="#">Michael FENNELLY</a>    | 00:24:18        | 00:24:37          | 132        |                         |
| 197          | <a href="#">Paul BUTLER</a>         | 00:23:55        | 00:24:44          | 1207       |                         |
| 198          | <a href="#">Ger DALY</a>            | 00:23:40        | 00:24:44          | 144        |                         |
| 199          | <a href="#">Dominic LALOR</a>       | 00:24:23        | 00:24:45          | 27         |                         |
| 201          | <a href="#">Liam SCULLY</a>         | 00:24:17        | 00:24:48          | 142        |                         |
| 200          | <a href="#">Kate CORCORAN</a>       | 00:24:19        | 00:24:48          | 381        | Ballyfin                |
| 202          | <a href="#">Georgina ENDERSON</a>   | 00:24:28        | 00:24:51          | 33         |                         |
| 203          | <a href="#">Karen KAVANAGH</a>      | 00:24:27        | 00:24:53          | 441        |                         |
| 204          | <a href="#">Mary SHEERAN</a>        | 00:24:22        | 00:24:54          | 1080       | Camross                 |
| 205          | <a href="#">Carol BREENAN</a>       | 00:24:39        | 00:24:55          | 347        | Saint Abbans AC         |
| 206          | <a href="#">Martin DOWKING</a>      | 00:24:30        | 00:24:59          | 155        | Portlaoise              |
| 207          | <a href="#">Olwyn LARKIN</a>        | 00:24:34        | 00:24:59          | 143        | Portlaoise              |
| 208          | <a href="#">Rachel WILLIAMS</a>     | 00:24:22        | 00:25:01          | 163        |                         |
| 209          | <a href="#">Rebecca WILLIAMS</a>    | 00:24:22        | 00:25:01          | 162        |                         |
| 210          | <a href="#">Darragh PRENDERGAST</a> | 00:24:38        | 00:25:05          | 276        | Ballyfin                |
| 211          | <a href="#">Kathy SIMMS</a>         | 00:24:53        | 00:25:09          | 294        |                         |
| 212          | <a href="#">Naoise BERRY</a>        | 00:24:46        | 00:25:12          | 75         |                         |
| 213          | <a href="#">Ann NICHOL-WAUGH</a>    | 00:24:57        | 00:25:13          | 409        |                         |
| 214          | <a href="#">Collette MOORE</a>      | 00:24:59        | 00:25:17          | 257        |                         |
| 215          | <a href="#">Ryan MORAN</a>          | 00:24:51        | 00:25:18          | 87         | Maurice looby Fitness   |
| 216          | <a href="#">Liam KIERNAN</a>        | 00:24:51        | 00:25:18          | 49         | Maurice looby Fitness   |
| 217          | <a href="#">Sean CULLETON</a>       | 00:25:02        | 00:25:20          | 335        |                         |
| 219          | <a href="#">James CONNAUGHTON</a>   | 00:24:39        | 00:25:21          | 42         |                         |
| 221          | <a href="#">Joeleen CULLETON</a>    | 00:25:03        | 00:25:21          | 195        |                         |
| 220          | <a href="#">Jade CARROLL</a>        | 00:24:51        | 00:25:21          | 204        | Ballyroan Abbeyleix AC  |
| 218          | <a href="#">Paschal NAUGHTON</a>    | 00:24:56        | 00:25:21          | 1041       | Tullamore Harriers      |
| 222          | <a href="#">Martin BERRY</a>        | 00:24:59        | 00:25:25          | 62         |                         |
| 223          | <a href="#">Michael FROIO-MOORE</a> | 00:24:51        | 00:25:31          | 1112       |                         |
| 224          | <a href="#">Aoife MOLLOY</a>        | 00:24:53        | 00:25:32          | 112        |                         |
| 225          | <a href="#">Gerard KEANE</a>        | 00:25:10        | 00:25:32          | 201        |                         |
| 226          | <a href="#">Eamonn FLANAGAN</a>     | 00:25:29        | 00:25:42          | 359        |                         |
| 227          | <a href="#">Christopher KNOWLES</a> | 00:25:18        | 00:25:43          | 11         |                         |
| 228          | <a href="#">Carol WALSH</a>         | 00:25:09        | 00:25:43          | 363        | Ballyroan Abbeyleix AC  |
| 229          | <a href="#">Lorraine FENLON</a>     | 00:25:17        | 00:25:45          | 470        |                         |
| 230          | <a href="#">Dinny WHELAN</a>        | 00:25:23        | 00:25:46          | 355        | Saint Abbans AC         |
| 231          | <a href="#">Steve O'ROURKE</a>      | 00:25:22        | 00:25:47          | 239        |                         |
| 232          | <a href="#">Carrie DIXO</a>         | 00:25:25        | 00:25:49          | 379        | Portlaoise              |
| 234          | <a href="#">Taco CAMPHUITSEN</a>    | 00:25:22        | 00:25:51          | 145        | Trilogy                 |
| 233          | <a href="#">Susan WALL</a>          | 00:25:21        | 00:25:51          | 490        | Trilogy                 |
| 235          | <a href="#">Louise OSULLIVAN</a>    | 00:25:25        | 00:25:52          | 55         | Forget the Gym          |
| 236          | <a href="#">Dale REID</a>           | 00:25:22        | 00:25:54          | 181        | Portlaoise              |
| 237          | <a href="#">Richie REID</a>         | 00:25:22        | 00:25:54          | 180        | Portlaoise              |
| 238          | <a href="#">Shane O'NEILL</a>       | 00:25:14        | 00:26:02          | 444        |                         |
| 239          | <a href="#">Rita WALSH</a>          | 00:25:49        | 00:26:02          | 249        |                         |
| 240          | <a href="#">Danielle COLSH</a>      | 00:25:18        | 00:26:04          | 24         |                         |
| 242          | <a href="#">Aisling MURRAY</a>      | 00:25:35        | 00:26:04          | 220        |                         |
| 241          | <a href="#">Susanne FENLON</a>      | 00:25:41        | 00:26:04          | 246        | St Michaels AC          |

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|--------------|-------------------------------------|-----------------|-------------------|------------|-----------------------|
| 243          | <a href="#">Brendan MCVEIGH</a>     | 00:25:43        | 00:26:05          | 342        |                       |
| 244          | <a href="#">Emer CALT</a>           | 00:25:56        | 00:26:05          | 434        |                       |
| 245          | <a href="#">Geraldine GOODE</a>     | 00:25:51        | 00:26:06          | 341        | Ballyfin              |
| 246          | <a href="#">Anne MCEVOY</a>         | 00:25:50        | 00:26:07          | 314        |                       |
| 247          | <a href="#">Anne BROPHY</a>         | 00:25:54        | 00:26:07          | 420        |                       |
| 248          | <a href="#">Trish FARRELL</a>       | 00:25:52        | 00:26:08          | 326        |                       |
| 249          | <a href="#">Liam BUTLER</a>         | 00:25:50        | 00:26:09          | 48         |                       |
| 250          | <a href="#">Doloris HYLAND</a>      | 00:25:43        | 00:26:10          | 304        | Rosenallis/Kilcavan   |
| 251          | <a href="#">Valerie MCCLALIFFE</a>  | 00:25:46        | 00:26:10          | 393        | St Michaels AC        |
| 252          | <a href="#">Sinead FITZPATRICK</a>  | 00:25:50        | 00:26:11          | 437        |                       |
| 253          | <a href="#">Eimear DOOLEY</a>       | 00:26:00        | 00:26:21          | 471        |                       |
| 254          | <a href="#">Stephen SINNOTT</a>     | 00:25:43        | 00:26:24          | 499        |                       |
| 255          | <a href="#">Colin SCULLY</a>        | 00:26:08        | 00:26:27          | 15         |                       |
| 256          | <a href="#">Richie FLYNN</a>        | 00:25:59        | 00:26:30          | 253        |                       |
| 257          | <a href="#">Rebecca DELANWEY</a>    | 00:26:17        | 00:26:30          | 390        |                       |
| 258          | <a href="#">Clare HUTTON</a>        | 00:26:00        | 00:26:31          | 13         |                       |
| 259          | <a href="#">Joe CONROY</a>          | 00:26:02        | 00:26:35          | 300        | Rosenallis/Kilcavan   |
| 261          | <a href="#">John HYLAND</a>         | 00:26:04        | 00:26:46          | 1161       | Portlaoise            |
| 260          | <a href="#">Averil HANNON</a>       | 00:26:24        | 00:26:46          | 166        |                       |
| 262          | <a href="#">Marietta</a>            | 00:26:26        | 00:26:49          | 61         |                       |
| 263          | <a href="#">Patricia NUNAN</a>      | 00:26:30        | 00:26:50          | 280        | Naomh Mhuire Daingean |
| 264          | <a href="#">Zowie OCONNELL</a>      | 00:26:05        | 00:26:52          | 106        |                       |
| 265          | <a href="#">Sean KELLY</a>          | 00:26:05        | 00:26:53          | 399        |                       |
| 266          | <a href="#">Canice GORMAN</a>       | 00:26:06        | 00:26:54          | 456        | Abbeyleix             |
| 267          | <a href="#">Keith HUGHES</a>        | 00:26:37        | 00:26:55          | 223        |                       |
| 268          | <a href="#">David HARRINGTON</a>    | 00:26:25        | 00:26:55          | 464        |                       |
| 269          | <a href="#">Brian PAULO'CONNELL</a> | 00:25:56        | 00:26:59          | 114        |                       |
| 270          | <a href="#">Aoife O'MALLEY</a>      | 00:26:36        | 00:27:01          | 118        | Portlaoise            |
| 271          | <a href="#">Mary FAHY</a>           | 00:26:27        | 00:27:03          | 496        |                       |
| 272          | <a href="#">Helen COUGHLAN</a>      | 00:26:49        | 00:27:05          | 37         | Ballyfin              |
| 273          | <a href="#">Edel DUNPHY</a>         | 00:26:30        | 00:27:06          | 254        |                       |
| 274          | <a href="#">Brian CARROLL</a>       | 00:26:29        | 00:27:06          | 268        |                       |
| 275          | <a href="#">Edwina FARRELL</a>      | 00:26:47        | 00:27:08          | 1237       |                       |
| 276          | <a href="#">Vanessa FINLAY</a>      | 00:26:54        | 00:27:10          | 103        |                       |
| 277          | <a href="#">Eamonn MURPHY</a>       | 00:26:35        | 00:27:16          | 495        |                       |
| 278          | <a href="#">Ava PRENDERGAST</a>     | 00:26:48        | 00:27:17          | 275        | Ballyfin              |
| 279          | <a href="#">Madeleine KAVANAGH</a>  | 00:26:59        | 00:27:18          | 429        | Trilogy               |
| 280          | <a href="#">Inez LOONEY</a>         | 00:26:31        | 00:27:18          | 477        |                       |
| 281          | <a href="#">Tommy LOONEY</a>        | 00:26:32        | 00:27:18          | 478        |                       |
| 282          | <a href="#">Niall CONROY</a>        | 00:26:47        | 00:27:19          | 292        | Rosenallis/Kilcavan   |
| 283          | <a href="#">Anna LARUE</a>          | 00:26:56        | 00:27:21          | 460        | St Michaels AC        |
| 284          | <a href="#">Anne NORTON</a>         | 00:27:17        | 00:27:22          | 494        | Clonad                |
| 285          | <a href="#">Olive MAHER</a>         | 00:26:54        | 00:27:24          | 120        | Portlaoise            |
| 286          | <a href="#">Niamh O'ROURKE</a>      | 00:27:00        | 00:27:26          | 240        |                       |
| 287          | <a href="#">Sabena DOWLING</a>      | 00:27:03        | 00:27:32          | 469        | Portlaoise            |
| 288          | <a href="#">Kathleen CONROY</a>     | 00:27:15        | 00:27:32          | 174        | Ballyfin              |
| 289          | <a href="#">Anne MARIEMCCORMACK</a> | 00:27:14        | 00:27:39          | 360        |                       |
| 290          | <a href="#">Karen CONNOLLY</a>      | 00:26:51        | 00:27:40          | 47         | Clane Athletic Club   |
| 291          | <a href="#">Helen REID</a>          | 00:27:22        | 00:27:42          | 39         |                       |

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|--------------|---------------------------------------|-----------------|-------------------|------------|------------------------|
| 292          | <a href="#">Olga CONROY</a>           | 00:27:08        | 00:27:44          | 197        | Mount Mellick AC       |
| 293          | <a href="#">Marie LARKE</a>           | 00:27:22        | 00:27:47          | 491        | St Michaels AC         |
| 294          | <a href="#">Anne MAIRELYNCH</a>       | 00:27:22        | 00:27:51          | 218        | Trilogy                |
| 295          | <a href="#">Lynda HAND</a>            | 00:27:29        | 00:27:54          | 56         |                        |
| 296          | <a href="#">Sean WALLACE</a>          | 00:27:12        | 00:27:57          | 205        |                        |
| 297          | <a href="#">Ben HOLDEN</a>            | 00:27:37        | 00:28:00          | 215        | Mount Mellick AC       |
| 298          | <a href="#">Teighan RYAN</a>          | 00:27:30        | 00:28:02          | 402        |                        |
| 299          | <a href="#">Vaidas RIAUKA</a>         | 00:28:07        | 00:28:07          | 262        |                        |
| 300          | <a href="#">Patricia KEATING</a>      | 00:27:30        | 00:28:08          | 321        | Naomh Mhuire Daingean  |
| 301          | <a href="#">Linda WHITE</a>           | 00:27:55        | 00:28:10          | 199        | Ballyfin               |
| 302          | <a href="#">Georgie BROPY</a>         | 00:28:02        | 00:28:15          | 421        | Saint Abbans AC        |
| 303          | <a href="#">Jonah KEATLEY</a>         | 00:27:49        | 00:28:15          | 146        |                        |
| 304          | <a href="#">Rachel LACEY</a>          | 00:27:52        | 00:28:16          | 127        |                        |
| 305          | <a href="#">Ciara PHELAN</a>          | 00:27:50        | 00:28:18          | 281        | Ballyfin               |
| 306          | <a href="#">Catherine PHELAN</a>      | 00:27:50        | 00:28:20          | 167        | Trilogy                |
| 307          | <a href="#">Frances MCCONNELL</a>     | 00:27:48        | 00:28:20          | 488        |                        |
| 308          | <a href="#">Derek ALLEN</a>           | 00:28:04        | 00:28:22          | 226        |                        |
| 309          | <a href="#">Lorraine KIRK</a>         | 00:27:48        | 00:28:25          | 54         |                        |
| 310          | <a href="#">Martina MARRON</a>        | 00:27:59        | 00:28:27          | 289        |                        |
| 312          | <a href="#">Angela HANLONCUDDY</a>    | 00:27:55        | 00:28:29          | 212        |                        |
| 313          | <a href="#">Chris KAVANAGH</a>        | 00:27:46        | 00:28:29          | 10         |                        |
| 311          | <a href="#">Martina GARDINER</a>      | 00:27:53        | 00:28:29          | 63         | Portlaoise             |
| 314          | <a href="#">Yvonne KINAHAN</a>        | 00:28:10        | 00:28:31          | 105        | The Gym Portlaoise     |
| 316          | <a href="#">Saoirse O'SHAUGHNESSY</a> | 00:28:09        | 00:28:32          | 497        | Mount Mellick AC       |
| 315          | <a href="#">Declan MCGILL</a>         | 00:27:54        | 00:28:32          | 186        |                        |
| 317          | <a href="#">Kiahara DEMPSEY</a>       | 00:28:10        | 00:28:33          | 440        |                        |
| 318          | <a href="#">Noel HORAN</a>            | 00:27:43        | 00:28:38          | 1283       | Borra Running Club     |
| 319          | <a href="#">John STAPLETON</a>        | 00:28:00        | 00:28:42          | 454        |                        |
| 320          | <a href="#">Clare MCGRORY</a>         | 00:28:15        | 00:28:42          | 408        |                        |
| 321          | <a href="#">Mary MCCROHAN</a>         | 00:28:06        | 00:28:45          | 66         |                        |
| 322          | <a href="#">Sharon MURTAGH</a>        | 00:28:15        | 00:28:49          | 260        |                        |
| 324          | <a href="#">Brona ALLEN</a>           | 00:28:23        | 00:28:49          | 256        |                        |
| 323          | <a href="#">Gerard MCINTYRE</a>       | 00:27:54        | 00:28:49          | 1225       | Tullamore Harriers     |
| 325          | <a href="#">Cein FITZPATRICK</a>      | 00:28:23        | 00:28:49          | 256        | St Michaels AC         |
| 326          | <a href="#">Hilary TREACY</a>         | 00:28:03        | 00:28:52          | 426        |                        |
| 327          | <a href="#">Jack SCULLY</a>           | 00:28:05        | 00:28:52          | 475        |                        |
| 328          | <a href="#">Sinead MELIA</a>          | 00:28:06        | 00:28:53          | 474        |                        |
| 329          | <a href="#">Orla PHELAN</a>           | 00:28:20        | 00:28:54          | 261        | Ballyroan Abbeyleix AC |
| 330          | <a href="#">Miriam FENNELL</a>        | 00:28:13        | 00:28:58          | 207        |                        |
| 331          | <a href="#">Damien FITZPATRICK</a>    | 00:28:16        | 00:28:58          | 22         |                        |
| 332          | <a href="#">Irene WALSH</a>           | 00:28:03        | 00:28:59          | 41         |                        |
| 333          | <a href="#">Darragh BUGGIE</a>        | 00:28:44        | 00:29:02          | 233        |                        |
| 334          | <a href="#">Natalia WALLACE</a>       | 00:28:18        | 00:29:03          | 206        |                        |
| 335          | <a href="#">Sorcha BRADY</a>          | 00:28:44        | 00:29:05          | 93         |                        |
| 336          | <a href="#">Ellis MCCROHAN</a>        | 00:28:28        | 00:29:08          | 307        |                        |
| 337          | <a href="#">Orla PAYNE</a>            | 00:28:39        | 00:29:09          | 423        |                        |
| 338          | <a href="#">Corina RYAN</a>           | 00:28:39        | 00:29:11          | 17         |                        |
| 339          | <a href="#">Grainne KEATING</a>       | 00:28:36        | 00:29:14          | 244        | Naomh Mhuire Daingean  |
| 340          | <a href="#">Mary BROUGHALL</a>        | 00:28:45        | 00:29:19          | 107        | St Michaels AC         |

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|--------------|----------------------------------|-----------------|-------------------|------------|------------------|
| 341          | <a href="#">Jerry BUCSIT</a>     | 00:28:33        | 00:29:25          | 117        |                  |
| 342          | <a href="#">Carmel HUGHES</a>    | 00:29:00        | 00:29:27          | 385        | st abbdams       |
| 344          | <a href="#">Lisa COX</a>         | 00:29:01        | 00:29:31          | 172        | Portlaoise       |
| 343          | <a href="#">Sinead CURTIS</a>    | 00:29:00        | 00:29:31          | 230        |                  |
| 345          | <a href="#">Margaret NOLAN</a>   | 00:28:39        | 00:29:33          | 59         |                  |
| 346          | <a href="#">Chris FINGLETON</a>  | 00:28:32        | 00:29:33          | 373        |                  |
| 347          | <a href="#">Jp O'BRIEN</a>       | 00:28:53        | 00:29:34          | 339        |                  |
| 348          | <a href="#">Ger GALWAY</a>       | 00:28:53        | 00:29:34          | 338        |                  |
| 349          | <a href="#">James KELLY</a>      | 00:28:55        | 00:29:41          | 493        | jock couch to 5k |
| 350          | <a href="#">Katie WHELAN</a>     | 00:29:08        | 00:29:42          | 387        |                  |
| 351          | <a href="#">Karl MULLIGAN</a>    | 00:28:56        | 00:29:45          | 231        |                  |
| 352          | <a href="#">Martina KINAHAN</a>  | 00:28:59        | 00:29:45          | 64         | none             |
| 353          | <a href="#">Cyril MULLIGAN</a>   | 00:29:01        | 00:29:49          | 232        |                  |
| 354          | <a href="#">Patricia KELLY</a>   | 00:29:19        | 00:29:51          | 79         | none             |
| 355          | <a href="#">Kara NAUGHTON</a>    | 00:28:57        | 00:29:54          | 461        | Portlaoise       |
| 356          | <a href="#">Ann HOVENDEN</a>     | 00:29:25        | 00:29:56          | 4          |                  |
| 357          | <a href="#">Ray MASSEY</a>       | 00:29:23        | 00:29:57          | 84         |                  |
| 358          | <a href="#">Tom CARROLL</a>      | 00:28:56        | 00:29:58          | 418        |                  |
| 359          | <a href="#">Patrick CULLEN</a>   | 00:29:17        | 00:29:59          | 80         |                  |
| 360          | <a href="#">Claire WHEELAN</a>   | 00:29:29        | 00:30:00          | 259        |                  |
| 361          | <a href="#">Paula DUNNE</a>      | 00:29:29        | 00:30:04          | 489        |                  |
| 362          | <a href="#">Emma SINNOTT</a>     | 00:29:26        | 00:30:06          | 498        |                  |
| 363          | <a href="#">Susan DUNNE</a>      | 00:29:34        | 00:30:07          | 96         |                  |
| 364          | <a href="#">Rachel SINNOTT</a>   | 00:29:27        | 00:30:07          | 500        |                  |
| 365          | <a href="#">Aileen WALSH</a>     | 00:29:31        | 00:30:07          | 459        |                  |
| 366          | <a href="#">Maria BYRNE</a>      | 00:29:31        | 00:30:07          | 458        |                  |
| 367          | <a href="#">Rosa FLANNERY</a>    | 00:29:17        | 00:30:07          | 86         |                  |
| 368          | <a href="#">Olive KAVANAGH</a>   | 00:29:28        | 00:30:12          | 468        | Abbeyleix        |
| 369          | <a href="#">Laura HOSEY</a>      | 00:29:45        | 00:30:14          | 361        |                  |
| 370          | <a href="#">Veronica FENNELL</a> | 00:29:38        | 00:30:21          | 425        | Abbeyleix        |
| 371          | <a href="#">Jessica BRENNAN</a>  | 00:29:47        | 00:30:26          | 43         | Portlaoise       |
| 372          | <a href="#">Steven BREW</a>      | 00:29:46        | 00:30:26          | 95         | Portlaoise       |
| 373          | <a href="#">Danielle KEANE</a>   | 00:30:09        | 00:30:26          | 237        | Portlaoise       |
| 374          | <a href="#">Jake COSS</a>        | 00:30:05        | 00:30:27          | 185        | Mount Mellick AC |
| 375          | <a href="#">Susanne BENNETT</a>  | 00:29:57        | 00:30:28          | 346        | Portlaoise       |
| 376          | <a href="#">Eoin MURPHY</a>      | 00:29:31        | 00:30:30          | 365        |                  |
| 377          | <a href="#">Tommy WALSH</a>      | 00:29:38        | 00:30:34          | 422        |                  |
| 378          | <a href="#">Debbie MCGOVERN</a>  | 00:29:44        | 00:30:34          | 111        |                  |
| 379          | <a href="#">Joesph MULHARE</a>   | 00:30:06        | 00:30:35          | 348        |                  |
| 380          | <a href="#">Emma CONNELL</a>     | 00:30:25        | 00:30:40          | 265        | St Michaels AC   |
| 381          | <a href="#">Matthew COONAN</a>   | 00:29:42        | 00:30:41          | 364        |                  |
| 382          | <a href="#">Patricia MAGEE</a>   | 00:30:06        | 00:30:44          | 183        |                  |
| 383          | <a href="#">Kathleen DRENNAN</a> | 00:30:09        | 00:30:46          | 451        | Portlaoise       |
| 384          | <a href="#">Maeve CONROY</a>     | 00:30:00        | 00:30:50          | 329        |                  |
| 385          | <a href="#">Carmel LAWLESS</a>   | 00:30:19        | 00:30:52          | 436        |                  |
| 386          | <a href="#">Paula KELLY</a>      | 00:30:05        | 00:30:53          | 398        |                  |
| 387          | <a href="#">Lorna SMITH</a>      | 00:30:10        | 00:30:54          | 407        |                  |
| 388          | <a href="#">Des MULHALL</a>      | 00:30:09        | 00:30:55          | 192        | Portlaoise       |
| 389          | <a href="#">Grainne O'REILLY</a> | 00:30:18        | 00:30:56          | 1056       |                  |



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| 390          | <a href="#">Tracey GAVIN</a>           | 00:30:22        | 00:31:00          | 161        |                       |
| 391          | <a href="#">Irene REDMOND</a>          | 00:30:32        | 00:31:07          | 1075       |                       |
| 392          | <a href="#">Helena RAMSBOTTOM</a>      | 00:30:23        | 00:31:07          | 154        |                       |
| 393          | <a href="#">Linda ONIONS</a>           | 00:30:38        | 00:31:13          | 1181       |                       |
| 394          | <a href="#">Breda CUDDY</a>            | 00:30:41        | 00:31:16          | 313        |                       |
| 395          | <a href="#">Catherine DAVYWHELAN</a>   | 00:30:47        | 00:31:20          | 388        |                       |
| 397          | <a href="#">Maeve O'SULLIVAN</a>       | 00:30:30        | 00:31:21          | 125        |                       |
| 396          | <a href="#">Theresa RAMSBOTTOM</a>     | 00:30:36        | 00:31:21          | 99         | Portlaoise            |
| 398          | <a href="#">Grainne TOMLINSON</a>      | 00:30:30        | 00:31:22          | 123        |                       |
| 399          | <a href="#">Gwen HARRIS</a>            | 00:30:49        | 00:31:23          | 36         |                       |
| 400          | <a href="#">Louise KEANE</a>           | 00:31:04        | 00:31:24          | 315        |                       |
| 401          | <a href="#">Sarah CONROY</a>           | 00:30:51        | 00:31:27          | 88         | Portlaoise            |
| 402          | <a href="#">Seamus CONROY</a>          | 00:30:51        | 00:31:27          | 89         | Portlaoise            |
| 403          | <a href="#">Karen DOYLE</a>            | 00:30:58        | 00:31:29          | 400        | Kildare Town          |
| 404          | <a href="#">Owen COONAN</a>            | 00:30:30        | 00:31:31          | 366        |                       |
| 405          | <a href="#">Caroline MOORE</a>         | 00:31:01        | 00:31:34          | 241        |                       |
| 406          | <a href="#">Edel BOLAND</a>            | 00:30:59        | 00:31:35          | 258        | Mount Mellick AC      |
| 407          | <a href="#">Karena BRERETON</a>        | 00:30:47        | 00:31:36          | 483        |                       |
| 409          | <a href="#">Michael MCCROHAN</a>       | 00:30:59        | 00:31:39          | 72         | Scelig Mhicil         |
| 408          | <a href="#">Martin GLEESON</a>         | 00:30:56        | 00:31:39          | 303        | Emo                   |
| 410          | <a href="#">Elizabeth OSHAUGHNESSY</a> | 00:30:50        | 00:31:44          | 31         | RunMonasterevin Run   |
| 411          | <a href="#">Cynthia HANLEY</a>         | 00:31:01        | 00:31:45          | 21         |                       |
| 412          | <a href="#">Grace MEADE</a>            | 00:30:52        | 00:31:49          | 187        | Portlaoise            |
| 413          | <a href="#">Zuzanna TUSZYNSKA</a>      | 00:31:33        | 00:31:50          | 317        |                       |
| 414          | <a href="#">Derek MEADE</a>            | 00:30:54        | 00:31:51          | 188        |                       |
| 415          | <a href="#">Martin HALION</a>          | 00:31:13        | 00:31:52          | 211        |                       |
| 417          | <a href="#">Ros OMEARA</a>             | 00:31:12        | 00:31:53          | 1039       |                       |
| 416          | <a href="#">Aisling O'MEARA</a>        | 00:31:14        | 00:31:53          | 1          | Portlaoise            |
| 418          | <a href="#">Eimear MCCROHAN</a>        | 00:31:19        | 00:31:57          | 30         | Scelig Mhicil         |
| 419          | <a href="#">Maria O'BRIEN</a>          | 00:31:10        | 00:32:00          | 383        |                       |
| 420          | <a href="#">Mary MEADE</a>             | 00:31:03        | 00:32:00          | 189        |                       |
| 421          | <a href="#">Ellen KELLY</a>            | 00:31:32        | 00:32:21          | 1047       |                       |
| 422          | <a href="#">Mary MILLS</a>             | 00:31:26        | 00:32:21          | 252        |                       |
| 423          | <a href="#">Michell MOLEN</a>          | 00:31:52        | 00:32:29          | 267        | Ballyenskeach         |
| 424          | <a href="#">Katelyn COFFEY</a>         | 00:31:56        | 00:32:33          | 271        | Abbeyleix             |
| 425          | <a href="#">Orla KAVANAGH</a>          | 00:31:56        | 00:32:33          | 277        | Abbeyleix             |
| 426          | <a href="#">Jenny MILLER</a>           | 00:31:51        | 00:32:33          | 377        | Portlaoise            |
| 427          | <a href="#">Rebecca GILLESPIE</a>      | 00:31:44        | 00:32:34          | 85         | Portlaoise            |
| 429          | <a href="#">Valerie CASSIN</a>         | 00:31:54        | 00:32:37          | 1142       | Abbeyleix             |
| 428          | <a href="#">Caroline MILLS</a>         | 00:31:54        | 00:32:37          | 1065       |                       |
| 430          | <a href="#">Catherine ASH</a>          | 00:31:47        | 00:32:39          | 124        |                       |
| 431          | <a href="#">Julie KENNEDY</a>          | 00:31:53        | 00:32:41          | 316        | Portlaoise            |
| 432          | <a href="#">Hazel DALTON</a>           | 00:31:46        | 00:32:43          | 463        | Portlaoise            |
| 433          | <a href="#">John MCDONALD</a>          | 00:31:50        | 00:32:50          | 45         |                       |
| 434          | <a href="#">Emma BUTLER</a>            | 00:32:20        | 00:32:55          | 414        |                       |
| 435          | <a href="#">Breed DAVY</a>             | 00:32:19        | 00:32:55          | 372        |                       |
| 436          | <a href="#">Mary RAMSBOTTOM</a>        | 00:32:20        | 00:33:05          | 67         |                       |
| 437          | <a href="#">Eugene LAWLOR</a>          | 00:32:38        | 00:33:18          | 32         |                       |
| 438          | <a href="#">Michelle BYRNE</a>         | 00:32:47        | 00:33:27          | 73         | Naomh Mhuire Daingean |

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| 439          | <a href="#">Aidan QUINN</a>       | 00:32:44        | 00:33:29          | 131        |                        |
| 440          | <a href="#">Geraldine MORAN</a>   | 00:32:38        | 00:33:34          | 330        | St Michaels AC         |
| 441          | <a href="#">Anne PHELAN</a>       | 00:32:57        | 00:33:42          | 311        |                        |
| 442          | <a href="#">Michelle DUNNE</a>    | 00:32:57        | 00:33:42          | 310        |                        |
| 443          | <a href="#">Sarah TALBOT</a>      | 00:32:43        | 00:33:43          | 323        |                        |
| 445          | <a href="#">Caroline PHELAN</a>   | 00:33:01        | 00:33:45          | 9          |                        |
| 444          | <a href="#">Sile KELLY</a>        | 00:33:02        | 00:33:45          | 404        | Abbeyleix              |
| 447          | <a href="#">Eugene MCDONOUGH</a>  | 00:32:48        | 00:33:46          | 312        | Club Vitae             |
| 446          | <a href="#">Rosaleen KELLY</a>    | 00:32:59        | 00:33:46          | 492        | jock couch to 5k       |
| 448          | <a href="#">Ned BUGGY</a>         | 00:33:31        | 00:33:50          | 354        |                        |
| 449          | <a href="#">Megan ADAMS</a>       | 00:33:23        | 00:33:51          | 134        | Ballyfin               |
| 450          | <a href="#">Amber CULLETON</a>    | 00:33:23        | 00:33:52          | 367        | The Gym Portlaoise     |
| 451          | <a href="#">Martin KEANE</a>      | 00:33:03        | 00:33:54          | 394        | Ballyfin               |
| 452          | <a href="#">Mairead KEANE</a>     | 00:33:05        | 00:33:54          | 395        | Ballyfin               |
| 453          | <a href="#">Sinead LYNCH</a>      | 00:33:08        | 00:33:58          | 219        | Trilogy                |
| 454          | <a href="#">Aisling DUNNE</a>     | 00:33:02        | 00:33:58          | 288        |                        |
| 455          | <a href="#">Martin KELLY</a>      | 00:33:06        | 00:34:01          | 479        |                        |
| 456          | <a href="#">Francais LOWE</a>     | 00:33:03        | 00:34:06          | 175        |                        |
| 457          | <a href="#">Annie MCCULLAGH</a>   | 00:33:14        | 00:34:10          | 283        | Portlaoise             |
| 458          | <a href="#">Emma POWER</a>        | 00:33:33        | 00:34:10          | 148        | Portlaoise             |
| 459          | <a href="#">Rebecca MARSHALL</a>  | 00:33:15        | 00:34:11          | 210        | Portlaoise             |
| 460          | <a href="#">Catriona MARSHALL</a> | 00:33:16        | 00:34:13          | 138        | Portlaoise             |
| 461          | <a href="#">Anna ROWNEY</a>       | 00:33:24        | 00:34:16          | 450        | Portlaoise             |
| 462          | <a href="#">Eileen WALSH</a>      | 00:33:25        | 00:34:16          | 158        |                        |
| 463          | <a href="#">Shona KEOGH</a>       | 00:33:25        | 00:34:18          | 159        |                        |
| 464          | <a href="#">Margaret DUGGAN</a>   | 00:33:47        | 00:34:23          | 58         |                        |
| 465          | <a href="#">Cliona MURPHY</a>     | 00:33:54        | 00:34:25          | 14         | Kildare                |
| 466          | <a href="#">Aisling MCCULLAGH</a> | 00:33:34        | 00:34:31          | 284        | Portlaoise             |
| 467          | <a href="#">Susan BUGGIE</a>      | 00:34:14        | 00:34:34          | 234        |                        |
| 468          | <a href="#">Tara MAHER</a>        | 00:33:36        | 00:34:34          | 217        |                        |
| 469          | <a href="#">Edel MCCORMACK</a>    | 00:33:55        | 00:34:41          | 225        |                        |
| 470          | <a href="#">Sandra BREENAN</a>    | 00:33:57        | 00:34:42          | 153        |                        |
| 471          | <a href="#">Fiona PHELAN</a>      | 00:33:56        | 00:34:42          | 224        |                        |
| 472          | <a href="#">Melissa WALSH</a>     | 00:33:58        | 00:34:45          | 70         |                        |
| 473          | <a href="#">Bernie LOUGHMAN</a>   | 00:34:06        | 00:34:50          | 243        | Abbeyleix              |
| 474          | <a href="#">Catherine ELLIOT</a>  | 00:34:03        | 00:34:54          | 151        | Portlaoise             |
| 475          | <a href="#">Patrick HEGARTY</a>   | 00:34:03        | 00:34:54          | 152        | Portlaoise             |
| 476          | <a href="#">Abigal CULLETON</a>   | 00:34:39        | 00:34:59          | 368        | The Gym Portlaoise     |
| 478          | <a href="#">Sarah SHEERAN</a>     | 00:34:00        | 00:35:01          | 140        | Ballyroan Abbeyleix AC |
| 477          | <a href="#">Lisa HUTTON</a>       | 00:34:08        | 00:35:01          | 52         |                        |
| 479          | <a href="#">Don SHEERAN</a>       | 00:33:59        | 00:35:01          | 29         |                        |
| 480          | <a href="#">Shauna ROUCHE</a>     | 00:34:09        | 00:35:03          | 389        |                        |
| 481          | <a href="#">Deirdre CONNOLLY</a>  | 00:34:43        | 00:35:07          | 320        |                        |
| 482          | <a href="#">Ciaran O'MEARA</a>    | 00:34:30        | 00:35:11          | 380        |                        |
| 483          | <a href="#">Elaine DEMPSEY</a>    | 00:34:16        | 00:35:12          | 369        | Portlaoise             |
| 484          | <a href="#">Tabby GEOGHEGAN</a>   | 00:34:21        | 00:35:16          | 362        | Portlaoise             |
| 485          | <a href="#">Rita STAPLETON</a>    | 00:34:24        | 00:35:17          | 453        |                        |
| 486          | <a href="#">Susan FITZPATRICK</a> | 00:34:38        | 00:35:20          | 378        |                        |
| 487          | <a href="#">Louisa LOUGHRAN</a>   | 00:34:30        | 00:35:24          | 452        | Portlaoise             |

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| 488          | <a href="#">Sharon FLANAGAN</a>      | 00:35:24        | 00:35:37          | 357        |                               |
| 489          | <a href="#">Mich MCGUIGAN</a>        | 00:35:33        | 00:36:26          | 433        |                               |
| 490          | <a href="#">Amanda KIRWIN</a>        | 00:35:48        | 00:36:37          | 448        | jock couch to 5k              |
| 491          | <a href="#">Marie BERGIN</a>         | 00:35:48        | 00:36:38          | 449        | jock couch to 5k              |
| 492          | <a href="#">Therese RYAN</a>         | 00:36:06        | 00:36:57          | 1004       |                               |
| 493          | <a href="#">Joe MAHER</a>            | 00:35:58        | 00:36:58          | 216        |                               |
| 494          | <a href="#">Caitriona WHITE</a>      | 00:36:04        | 00:36:59          | 8          |                               |
| 495          | <a href="#">Helena REDDIN</a>        | 00:36:04        | 00:36:59          | 40         |                               |
| 496          | <a href="#">Yvonne CALLAGHAN</a>     | 00:36:40        | 00:37:33          | 156        | Portlaoise                    |
| 497          | <a href="#">Kim DOWNEY</a>           | 00:36:57        | 00:37:33          | 200        | Portlaoise                    |
| 498          | <a href="#">Lisa MCENEANEY</a>       | 00:36:33        | 00:37:34          | 53         |                               |
| 500          | <a href="#">Francis SHEERAN</a>      | 00:37:55        | 00:38:12          | 1221       |                               |
| 499          | <a href="#">Catherine SHEERAN</a>    | 00:37:55        | 00:38:12          | 1060       | Tullamore Harriers            |
| 501          | <a href="#">Suzanne MILEY</a>        | 00:37:29        | 00:38:22          | 97         | Portlaoise                    |
| 502          | <a href="#">Michelle SINNOTT</a>     | 00:37:56        | 00:38:50          | 432        |                               |
| 503          | <a href="#">Claire LAFFAN</a>        | 00:38:03        | 00:38:56          | 157        |                               |
| 504          | <a href="#">Glenda KAVANAGH</a>      | 00:38:27        | 00:39:17          | 34         |                               |
| 505          | <a href="#">Theo COONAN</a>          | 00:38:17        | 00:39:18          | 375        |                               |
| 506          | <a href="#">Dermot COONAN</a>        | 00:38:17        | 00:39:18          | 374        |                               |
| 508          | <a href="#">Claire MURPHY</a>        | 00:39:42        | 00:40:38          | 302        |                               |
| 507          | <a href="#">Georgina FITZPATRICK</a> | 00:39:41        | 00:40:38          | 427        | Rosenallis Mothers&Others GAA |
| 509          | <a href="#">Linda LAWLOR</a>         | 00:40:23        | 00:41:21          | 136        |                               |
| 511          | <a href="#">Helen MCDONALD</a>       | 00:41:04        | 00:42:03          | 38         |                               |
| 510          | <a href="#">Sharon CROWLEY</a>       | 00:41:04        | 00:42:03          | 179        | Portlaoise                    |
| 512          | <a href="#">Elenor CARROL</a>        | 00:42:54        | 00:43:54          | 209        | Portlaoise                    |
| 513          | <a href="#">Tracey COBBE</a>         | 00:42:55        | 00:43:55          | 208        | Portlaoise                    |
| 514          | <a href="#">Annette PIERCE</a>       | 00:45:22        | 00:46:24          | 5          |                               |
| 515          | <a href="#">Helen O'NEILL</a>        | 00:45:21        | 00:46:24          | 370        |                               |
| 516          | <a href="#">Audrey MURPHY</a>        | 00:45:24        | 00:46:25          | 6          |                               |
| 517          | <a href="#">Amy BISHOP</a>           | 00:45:57        | 00:46:55          | 135        |                               |
| 518          | <a href="#">Carmel GORMAN</a>        | 00:46:08        | 00:46:56          | 457        | Abbeyleix                     |