

## Combined Laois Cross Country Results 2015

- Laois County Novice and Even Ages Cross Country
- Intermediate and Uneven Ages Cross Country Championships
- Senior Cross Country Preliminary Results
- Masters, Junior & Development Races
- Sedondary Schools Cross Country Championships

### Laois County Novice and Even Ages Cross Country Kilcavan 27<sup>th</sup> Sept 2015

#### Category: Girls U/10

Position	Number	Name	Club
1	704	Lucy Conroy	R/K
2	107	Cara Goode	BL
3	001	Katie Brennan	SA
4	327	Caoimhe Cuddy	PL
5	005	Eabha Kehoe	SA
6	702	Emily Hughes	R/K
7	328	Rebecca Marshall	PL
8	300	Doireann O'Connor	PL
9	703	Aela Davis	R/K
10	004	Danielle O' Driscol	SA
11	326	Aoife Cuddy	PL
12	409	Patricia Conroy	MM
13	706	Niamh Peake	R/K
14	700	Aoife Hughes	R/K
15	705	Ava Jewell	R/K
16	415	Torri Lee	MM
17	802	Kirsten Murphy	SM
18	108	Hannah McEvoy	BL
19	917	Cloe Troy	BAD
20	701	Niamh Cullen	R/K

#### Team Results

- 1st** Rosenallis Kilcavan Lucy Conroy, Emily Hughes, Aela Davis, Niamh Peake
- 2nd** Portlaoise Caoimhe Cuddy, Rebecca Marshall, Doireann O'Connor, Aoife Hughes

**Category: Boys U/10**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	712	Oisin Lalor	R/K
2	711	Aron Lawlor	R/K
3	707	Niall Lalor	R/K
4	811	Shane Mulpeter	SM
5	011	Evan English	SA
6	710	Peter Doyle	R/K
7	113	Darragh Prendergast	Ballyfin
8	015	Jack Milton	SA
9	922	Sam Culhane	BAD
10	713	Sean Lalor	R/K
11	709	Joe Kirwan	R/K
12	013	Fionn O'Sullivan	SA
13	708	Luke Molloy	R/K
14	325	Fionn Cuddy	PL
15	515	Leon Delaney	Oughaval
16	715	Oran Gorman	R/K
17	504	Conor Mc Caul	Oughaval
18	016	Sean O'Sullivan	SA
19	507	Cillian Whearty	Oughaval
20	503	Adam Murray,	Oughaval
21	714	Conor Whelan	R/K
22	509	Ruari Jago	Oughaval

23

112

Jack Brennan

Ballyfin

**Team Results**

<b>1st</b>	Rosenallis Kilcavan	Oisín Lalor, Aron Lawlor, Niall Lalor, Peter Doyle
<b>2nd</b>	St Abbans	Evan English, Jack Milton, Fionn O'Sullivan, 018
<b>3rd</b>	Rosenallis Kilcavan 'B'	Sean Lalor, Joe Kirwan, Luke Molloy, Oran Gorman

**Category: Girls U/12**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	021	Amy Brennan	SA
2	022	Seoighe English	SA
3	720	Ellen Conroy	R/K
4	027	Katie Collins/Byrne	SA
5	115	Lucy Goode	Ballyfin
6	804	Poppy Hackett	SM
7	717	Amy Hyland	R/K
8	024	Maebh Gallagher	SA
9	028	Aoibhinn Mac Donald	SA
10	025	Hollie Brennan	SA
11	924	Faye Mc Evoy	BAD
12	324	Grace Meade	PL
13	803	Kate Connolly	SM
14	719	Orla Whelan	R/K
15	810	Jade Coogan	SM
16	716	Molly McCann	R/K
17	408	Michelle Conroy	MM
18	809	Emma Connell	SM
19	029	Kerry Smith	SA
20	813	Eimear Connolly	SM
21	407	Sarah Coyle	MM
22	812	Emma Phelan	SM
23	926	Shannon Troy	BAD

### Team Results

<b>1st</b>	St Abbans	Amy Brennan, Seoighe English, Katie Collins/Byrne, Maebh Gallagher
<b>2nd</b>	Rosenallis Kilcavan	Ellen Conroy, Amy Hyland, Orla Whelan, Molly McCann
<b>3rd</b>	St Michaels	Poppy Hackett, Kate Connolly, Jade Coogan, Emma Connell

### Category: Boys U/12

Position	Number	Name	Club
1	031	Darragh Kealy	SA
2	023	Adam Buggy	SA
3	721	Rory Lalor	R/K
4	508	Mathew Buggy	Oughaval
5	514	Noah Delaney	Oughaval
6	506	Conor Whearty	Oughaval
7	505	Blake Kemmy	Oughaval
8	722	Adam Molloy	R/K
9	725	James Hyland	R/K
10	723	Cathal Mc Evoy	R/K
11	724	Aaron Tarpey	R/K
12	039	Shane Buggy	SA
13	801	Andrew Murphy	SM
14	120	Cathal Robertston	Ballyfin
15	511	Aaron Foley	Oughaval
16	928	Jack Mc Mahon	BAD
17	739	Barry Mc Evoy	R/K
18	929	Sean Grogan	BAD

### Team Results

<b>1st</b>	Oughaval	Mathew Buggy, Noah Delaney, Conor Whearty, Blake Kemmy
------------	----------	--

**2nd** Rosenallis      Rory Lalor, Adam Molloy, James Hyland,  
Kilcavan            Cathal Mc Evoy

**Category: Girls U/14**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	600	Ava O'Connor	ER
2	045	Rebecca Fenlon	SA
3	932	Niamh Mac Donald	BAD
4	322	Aoibhe Quinn	PL
5	934	Jessica Brennan	BAD
6	933	Sarah Delaney	BAD
7	726	Grainne Lalor	R/K
8	122	Dearbhail Cuddy	Ballyfin
9	043	Aoife Gallagher	SA
10	042	Susa Oneyini	SA
11	935	Sinead Mc Evoy	BAD
12	729	Leah Tarpey	R/K
13	323	Tori Byrne	PL
14	124	Sarah Bergin	Ballyfin
15	728	Emma McCann	R/K
16	321	Siofra Marum	PL
17	727	Eimear Comerford	R/K
18	123	Ciara Phelan	Ballyfin
19	125	Niamh Robertson	Ballyfin

**Team Results**

<b>1st</b>	Ballyroan Abbeyleix	Niamh Mac Donald, Jessica Brennan, Sarah Delaney, Sinead Mc Evoy
<b>2nd</b>	Rosenallis Kilcavan	Grainne Lalor, Leah Tarpey, Emma Mc Cann, Eimer Comerford
<b>3rd</b>	Ballyfin	Dearbhail Cuddy, Niamh Robertson, Ciara Phelan, Sarah Bergin

### Category:Boys U/14

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	051	T. J. Burke	SA
2	937	Eoghan Fitzpatrick	BAD
3	733	Ronan Hyland	R/K
4	513	Jack Fennelly	Oughaval
5	805	Charlie Hackett	SM
6	510	Oisin Jago	Oughaval
7	731	Gavin Molloy	R/K
8	938	Davin McEvoy	BAD
9	734	Odhran Davis	R/K
10	413	Gearoid Dempsey	MM
11	052	Sean O'Driscoll	SA
12	403	Anthony Conroy	MM
13	401	Ben Holden	MM
14	732	John Hughes	R/K

### Team Results

<b>1st</b>	Rosenallis Kilcavan	Ronan Hyland, Gavin Molloy, Odhran Davis, John Hughes
------------	------------------------	--

**Category:Girls U/16**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	601	Rebecca Balfe	ER
2	512	Orla Fennelly	Oughaval
3	061	Caragh Maher	SA
4	320	Katie Walsh	PL
5	062	Orla Kelly	SA
6	412	Kiahara Dempsey	MM

**Category: Boys U/16**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	071	Cian Kelly	SA
2	943	Cian McDonald	BAD
3	400	Adam Holden	MM
4	077	Tom Buggy	SA
5	405	Curtis Lee	MM
6	516	Cathal Connaughton	Oughaval
7	500	Sean Sheridan	Oughaval
8	126	Thomas Dunne	Ballyfin
9	945	Adam Shaughessny	BAD
10	799	Colin Grennan	R/K
11	946	Fintan Mc Govern	BAD
12	319	Tiernan Marum	PL
13	076	Gerard Kelly	SA
14	074	Niall Egan	SA

**Team Results**

**1st** St Abbans Cian Kelly, Tom Buggy, Gerard Kelly, Niall Egan

**Category:Girls U/18**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	798	Aoibhinn Lalor	R/K
2	084	Maebh Maher	SA
3	083	Laura Graham	SA
4	318	Amy Walsh	PL
5	081	Niamh Moore	SA

**Category: Boys U/18**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	737	Cathal Grennan	R/K
2	340	Fionn Marum	PL

**Category: Novice Ladies**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	814	Lisa Murphy	SM	12:07
2	309	Niamh Quinn	PL	12:11
3	800	Monica Corcoran	SM	12:20
4	313	Ann Hogan	PL	12:42
5	201	Margo Dowling	SA	12:55
6	203	Caitriona McDonald	SA	13:09
7	205	Kate Bermingham	SA	13:34
8	307	Trish Cuddy	PL	13:47
9	310	Niamh Kavanagh	PL	14:21
10	308	Maria Cuddy	PL	14:27
11	902	Ciara Butler	BAD	14:30
12	315	Anna Duggan	PL	14:34
13	312	Amanda Mc Donald	PL	14:36
14	314	Frances Lalor Deegan	PL	14:41
15	905	Aine Mac Donald	BAD	14:49
16	204	Deirdre Brennan	SA	14:59
17	900	Agnes Fennelly	BAD	15:21
18	311	Julieka Cahill	PL	16:21
19	901	Martina Peacock	BAD	17:07
20	903	Michelle Harvey	BAD	17:07



**Team Results:**

<b>1st</b>	Portlaoise	Niamh Quinn, Ann Hogan, Trish Cuddy, Niamh Kavanagh
<b>2nd</b>	St Abbans	Margo Dowling, Catriona Mac Donald, Kate Bermingham, Deirdre Brennan
<b>3rd</b>	Portlaoise	Maria Cuddy, Anna Duggan Amanda Mac Donald, Frances Lalor Deegan

**Category: Novice Ladies**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	127	Colin Maher	Ballyfin	20:20
2	213	Gary Cantwell	SA	21:53
3	911	Tom Dunne	BAD	21:57
4	231	James Tyrell	SA	22:00
5	304	Colm Fitzgerald	PL	22:02
6	305	Patrick Marshall	PL	22:11
7	818	Dave Sweeney	SM	22:21
8	301	Trevor Mac Cormack	PL	22:45
9	816	Dean Coss	SM	23:12
10	132	Declan McGibney	Guest	23:15
11	131	Liam Buggy	Ballyfin	23:28
12	912	Noel Burke	BAD	23:43
13	219	Niall English	SA	23:54
14	815	Noel Coss	SM	24:22
15	216	Aran Murphy	SA	24:47
16	223	Francis Fleming	SA	24:50
17	302	Trevor Percy	PL	25:05
18	817	Mario Holohan	SM	25:31

19	306	Joe Walsh	PL	26:36
20	913	Bernard Dunne	BAD	29:27
21	130	Paul Dunne	Ballyfin	29:35
22	303	Alex Mac Donald	PL	30:10

**Team Results:**

<b>1st</b>	St Abbans	Gary Cantwell, James Tyrell, Niall English, Aran Murphy
<b>2nd</b>	Portlaoise	Com Fitzpatrick, Patrick Marshall, Trevor Mac Cormack, Trevor Percy
<b>3rd</b>	St Michaels	Dave Sweeney, Dean Coss, Noel Coss, Mario Holohan

**Day 2 Laois County**

**Intermediate and Uneven Ages Cross Country Championships**

**Cullahill 11 October 2015**

**Category: Girls U/9**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	299	Jessica Murray	St Abbans
2	298	Eabha Kehoe	St Abbans
3		Sophie Cullinane	Ballyfin
4	415	Torri Lee	Mountmellick
5	329	Emma Jane Cuddy	PortLaoise
6	703	Aela Davis	PortLaoise
7	409	Patricia Conroy	Mountmellick Rosenallis
8	705	Ava Jewell	Kilcavan
9	294	Cara Brennan	St Abbans
10	411	Ellie Bollard	Mountmellick
11	293	Ciara Milton	St Abbans
12	341	Doireann O'Connor	PortLaoise Ballyroan
13	917	Cloe Troy	Abbeyleix Rosenallis
14		Sheodha Davis	Kilcavan
15	297	Niamh Meagher	St Abbans

16	295	Caoimhe Brennan	St Abbans
17	296	Aoibhinn Brennan	St Abbans

### Category: Boys U/9

Position	Number	Name	Club
1	291	Fionn O' Sullivan	St Abbans
2	342	Fionn Cuddy	PortLaoise
3	827	Hugh Connolly	St Michaels
4	515	Leon Delaney	Oughaval
5	517	Conor Mc caul	Oughaval
6	290	Timmy Byrne	St Abbans
7	288	Ben Reid	St Abbans
8	507	Cillian Whearty	Oughaval
9	503	Adam Murray	Oughaval
10	821	Ross Mc Mahon	St Michaels
11	289	Eoin Mulhall	St Abbans
12	339	Eoghan Lambe	PortLaoise
13	918	Roddy Mc Evoy	Ballyroan Abbeyleix
14	106	Danielle Costello	Ballyfin
15	711	Aron Lawlor	Rosenallis Kilcavan
16	287	Luke Kehoe	St Abbans
17	105	David Fitzpatrick	Ballyfin

### Category: Girls U/11

Position	Number	Name	Club
1	924	Faye Mc Evoy	Ballyroan Abbeyleix
2	804	Poppy Hackett	St Michaels
3	283	Katie Brennan	St Abbans
4	717	Amy Hyland	Rosenallis Kilcavan
5	716	Molly McCann	Rosenallis Kilcavan
6	326	Rebecca Marshal	PortLaoise Rosenallis
7	704	Lucy Conroy	Kilcavan
8	278	Aoibhinn Mac Donald	St Abbans
9	277	Niamh Graham	St Abbans
10	279	Audrey Byrne	St Abbans
11	408	Michelle Conroy	Mountmellick
12	825	Kate Connolly	St Michaels

13	110	Niamh Bland	Ballyfin
14	282	Kate Baldwin	St Abbans
15	407	Sarah Coyle	Mountmellick
16	823	Eimear Connolly	St Michaels
17	281	Danielle O'Driscoll	St Abbans Rosenallis
18	702	Emily Hughes	Kilcavan
19	336	Caoimhe Cuddy	PortLaoise Ballyroan
20	923	Clodagh Gee	Abbeyleix
21	337	Aoife Cuddy	PortLaoise Ballyroan
22	926	Shannon Troy	Abbeyleix Ballyroan
23	920	Ava Churchouse	Abbeyleix
24	822	Aoibhe Mc Mahon	St Michaels
25	276	Holly Byrne	St Abbans

#### Team Results

<b>1st</b>	<b>St Abbans</b>	Katie Brennan, Aoibhinn Mac Donald, Niamh Graham, Audrey Byrne
<b>2nd</b>	<b>Rosenallis Kilcavan</b>	Amy Hyland, Molly McCann, Lucy Conroy, Emily Hughes
<b>3rd</b>	<b>St Michaels</b>	Poppy Hackett, Kate Connolly, Eimear Connolly, Aoibhe McMahon

#### Category: Boys U/11

Position	Number	Name	Club
1	272	Jack Fenlon	St Abbans
2	271	Adam Buggy	St Abbans
3	505	Blake Kemmy	Oughaval
4	270	Evan English	St Abbans Rosenallis
5	721	Rory Lalor	Kilcavan
6	274	Eoin Cawley	St Abbans
7	273	Lee Murray	St Abbans Rosenallis
8	723	Cathal Mc Evoy	Kilcavan Rosenallis
9	707	Niall Lalor	Kilcavan
10	801	Andrew Murphy	St Michaels Rosenallis
11	710	Peter Doyle	Kilcavan

12	740	Adam Hunt	Rosenallis Kilcavan
13	709	Joe Kirwan	Rosenallis Kilcavan
14	113	Cathal Robertston	Ballyfin
15	267		St Abbans
16	269	Sean O'Sullivan	St Abbans
17	511	Aaron Foley	Oughaval
18	832	Ryan Phelan	St Michaels Rosenallis
19	714	Conor Whelan	Kilcavan
20	120	Darragh Prendergast	Ballyfin Ballyroan
21	929	Sean Grogan	Abbeyleix Ballyroan
22	930	Benjamin	Abbeyleix
23	268		St Abbans

#### Team Results

<b>1st</b>	<b>St Abbans</b> Jack Fenlon, Adam Buggy, Evan English, Eoin Cawley
<b>2nd</b>	<b>Rosenallis Kilcavan</b> Rory Lalor, Cathal Mc Evoy, Niall Lalor, Peter Doyle
<b>3rd</b>	<b>St Abbans 'B'</b> Lee Murray, Sean O'Sullivan

#### Category: Girls U/13

Position	Number	Name	Club
1	602	Ava O'Connor	Emo Rath Ballyroan
2	932	Niamh Mac Donald	Abbeyleix
3	322	Aoibhe Quinn	PortLaoise Rosenallis
4	726	Grainne Lalor	Kilcavan
5	265	Amy Brennan	St Abbans
6	264	Seoighe English	St Abbans
7	262	Maebh Gallagher	St Abbans Rosenallis
8	720	Ellen Conroy	Kilcavan
9	117	Kate Corcoran	Ballyfin Rosenallis
10	718	Amy Mc Kane	Kilcavan
11	263	Hollie Brennan	St Abbans

12	719	Orla Whelan	Rosenallis Kilcavan
13	935	Sinead Mc Evoy	Ballyroan Abbeyleix
14	116	Roisin Bland	Ballyfin Rosenallis
15	728	Emma McCann	Kilcavan Ballyroan
16	936	Jade Carroll	Abbeyleix
17	118	Eva Cullinane	Ballyfin
18	114	Ava Prendergast	Ballyfin
19		SiofraMarum	Portlaoise
20	404	Maria Lynch	Mountmellick
21	824	Emma Phelan	St Michaels

#### Team Results

<b>1st</b>	<b>St Abbans</b> Amy Brennan, Seoighe English, Maebh Gallagher, Hollie Brennan
<b>2nd</b>	<b>Rosenallis Kilcavan</b> Grainne Lalor, Ellen Conroy, Amy Mc Kane, Orla Whelan
<b>3rd</b>	<b>Ballyfin</b> Kate Corcoran, Roisin Bland, Eva Cullinane, Ava Prendergast

#### Category: Boys U/13

Position	Number	Name	Club
1	513	Jack Fennelly	Oughaval Rosenallis
2	733	Ronan Hyland	Kilcavan Rosenallis
3	725	James Hyland	Kilcavan
4	805	Charlie Hackett	St Michaels
5	510	Oisin Jago	Oughaval
6	508	Mathew Buggy	Oughaval
7	514	Noel Delaney	Oughaval Rosenallis
8	734	Odhran Davis	Kilcavan
9	413	Gearoid Dempsey	Mountmellick
10	506	Conor Whearty	Oughaval
11	255	Sean O'Driscoll	St Abbans
12	403	Anthony Conroy	Mountmellick
13	251	Shane Buggy	St Abbans Ballyroan
14	928	Jack Mc Mahon	Abbeyleix

15	401	Ben Holden	Mountmellick
16	420	Cian Rafter	Mountmellick
17	402	Jake Coss	Mountmellick

#### Team Results

**1st Oughaval**  
Jack Fennelly, Oisin Jago, Mathew Buggy, Noel Delaney

**2nd Mountmellick**  
Gearoid Dempsey, Anthony Conroy, Ben Holden, Cian Rafter

#### Category: Girls U/15

Position	Number	Name	Club
1	601	Rebecca Balfe	Emo Rath
2	512	Orla Fennelly	Oughaval
			Ballyroan
3	934	Jessica Brennan	Abbeyleix
4	239	Rebecca Fenlon	St Abbans
			Ballyroan
5	933	Sarah Delaney	Abbeyleix
6	122	Dearbhail Cuddy	Ballyfin
7	243	Aoife Gallagher	St Abbans
			Ballyroan
8	939	Sarah McMahon	Abbeyleix
9	244	Caragh Maher	St Abbans
10	241	Ciara Harrington	St Abbans
11	343	Katie Walsh	Portlaoise
12	236		St Abbans
13	245	Orla Kelly	St Abbans
14	124	Sarah Bergin	Ballyfin
			Ballyroan
15	940	Isobel Churchouse	Abbeyleix
16	123	Ciara Phelan	Ballyfin
17	125	Niamh Robertson	Ballyfin

#### Team Results

**1st St Abbans**  
Rebecca Fenlon, Aoife Gallagher, Caragh Maher, Ciara Harrington

**Ballyroan**  
**2nd Abbeyleix**  
Jessica Brennan, Sarah Delaney, Sarah McMahon, Isobel Churchouse

**3rd Ballyfin**  
Dearbhail Cuddy, Sarah Bergin, Ciara Phelan, Niamh Robertson

### Category: Boys U/15

Position	Number	Name	Club
1	235	T. J. Burke	St Abbans
2	405	Curtis Lee	Mountmellick Ballyroan
3	945	Darren Robinson	Abbeyleix Ballyroan
4	946	Patrick Mulligan	Abbeyleix
5	518	Cathal Connaughton	Oughaval
6	126	Thomas Dunne	Ballyfin Rosenallis
7	736	David Mc Kane	Kilcavan
8	319	Tiernan Marum	Portlaoise

### Category: Girls U/17

Position	Number	Name	Club
1	224	Maebh Maher	St Abbans
2	833	Caitlin Mac Darby	St Michaels Rosenallis
3	798	Aoibhinn Lawlor	Kilcavan
4	225	Laura Graham	St Abbans
5	318	Amy Walsh	Portlaoise
6	223	Niamh moore	St Abbans

### Category: Boys U/17

Position	Number	Name	Club
1	79	Cian Kelly	St Abbans Ballyroan
2	943	Cian McDonald	Abbeyleix
3	400	Adam Holden	Mountmellick
4	340	Fionn Marum	Portlaoise
5	71	Darren Roberts	St Abbans
6	500	Sean Sheridan	Oughaval Ballyroan
7	951	Oisin Fitzpatrick	Abbeyleix
8	70	Cillian Mulhall	St Abbans
9	73	Gerard Kelly	St Abbans
10	74	Niall Egan	St Abbans

**Team Results**



1st

**St Abbans**

Cian Kelly, Darren Roberts, Gerard Kelly, Cillian Mulhall,

**Category: Girls U/19**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	396	Louise Stack	Portlaoise
2	69	Caitlin Mc Donald	St Abbans
3	960	Aine Mc Donald	Ballyroan
4	419	Rukayat Shobowale	Abbeyleix
			Mountmellick

**Category: Boys U/19**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>
1	737	Cathal Grennan	Rosenallis
2		Cien Fitzpatrick	Kilcavan
3	389	Domhnaill O'Farrell	St Michaels
4	145	David McCabe	Portlaoise
5	60	David McCabe	Ballyfin
6	59	Cian Burke	St Abbans
		David Baldwin	St Abbans

**Category: Intermediate Ladies**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	830	Monica Corcoran	St Michaels	17:09
2	901	Jean McEvoy	Ballyroan	17:29
3	215	Margo Dowling	Abbeyleix	17:54
4	392	Pam Power	St Abbans	18:14
5	399	Trish Cuddy	Portlaoise	18:34
6	209	Mairead Moore	Portlaoise	18:37
7	213	Kate Bermingham	St Abbans	18:48
8	903	Siobhan Burke	Ballyroan	18:53
9	391	Rosie Stack	Abbeyleix	18:58
10	902	Ciara Butler	Portlaoise	19:19
11	306	Frances Lalor Deegan	Ballyroan	19:35
12	212	Deirdre Brennan	Abbeyleix	20:03
13	207		St Abbans	20:08
14	900	Agnes Fennelly	St Abbans	20:31
			Ballyroan	
			Abbeyleix	

15	904	Livia Balkova	Ballyroan Abbeyleix	20:48
----	-----	---------------	------------------------	-------

**Team Results**

<b>1st</b>	<b>St Abbans</b>	Margo Dowling, Mairead Moore, Kate Bermingham, Deirdre Brennan
<b>2nd</b>	<b>Portlaoise</b>	Pam Power, Trish Cuddy, Rosie Stack, Frances Lalor Deegan
<b>3rd</b>	<b>Ballyroan Abbeyleix</b>	Jean McEvoy, Siobhan Burke, Ciara Butler, Agnes Fennelly

**Category: Intermediate Men**

<b>Position</b>	<b>Number</b>	<b>Name</b>	<b>Club</b>	<b>Time</b>
1	128	Colin Maher	Ballyfin	26:28
2	203	Danny Lawlor	St Abbans	27:41
3	77	Cormac Kelly	St Abbans	28:38
4	304	Colm Fitzgerald	Portlaoise	29:05
5	831	Dave Sweeney	St Michaels	29:09
6	204	Gary Cantwell	St Abbans	29:20
7	390	Patrick Marshall	Portlaoise	29:22
8	911	Tom Dunne	Ballyroan Abbeyleix	30:06
9	133	Declan McGibney	Ballyfin	30:55
10	393	Chris Finn	Portlaoise	31:01
11		James Nolan	St Abbans	31:05
12	131	Liam Buggy	Ballyfin	31:20
13	134	Ciaran Keenan	Ballyfin	31:31
14	96	Dorel Picovia	St Abbans Ballyroan	31:33
15	912	Noel Burke	Abbeyleix	31:47
16	201	Niall English	St Abbans Ballyroan	32:01
17	915	John Kirwan	Abbeyleix	32:12
18	394	Trevor Percy	Portlaoise	32:41
19	202	Danny Aylsbury	St Abbans	33:08
20	129	Mike McCarthy	Ballyfin	33:12
21	99	Francis Fleming	St Abbans	33:23
22	97	Liam Byrne	St Abbans Ballyroan	33:46
23	914	Eoin O'Brien	Abbeyleix	33:53

<b>24</b>	135	Shane Delaney	Ballyfin Ballyroan	34:26
<b>25</b>	920	Tim Churchouse	Abbeyleix	34:52
<b>26</b>	395	Brian Howard	Portlaoise	36:32

**1st St Abbans**

Danny Lawlor, Cormac Kelly, Gary Cantwell, James Nolan

**2nd Ballyfin**

Colin Maher, Declan McGibney, Liam Buggy, Ciaran Keenan

**3rd Portlaoise**

Colm Fitzgerald, Patrick Marshall, Chris Finn, Trevor Percy

## SENIOR CROSS COUNTRY PRELIMINARY RESULTS

### SENIOR WOMEN

1. Paula Grant, Portlaoise AC (316)
2. Sharon Grant, Portlaoise AC (317)
3. Pippa Hackett, St. Michaels AC (801)  
Louise Stack, Portlaoise AC (guest)
4. Louise O'Mahony, Ballyroan, Abbeyleix & District AC (905)
5. Breda McDonald, Ballyroan, Abbeyleix & District AC (904)
6. Jean McEvoy, Ballyroan, Abbeyleix & District AC (901)
7. Kate McDonald, Ballyroan, Abbeyleix & District AC (902)
8. Moira Griffith, St. Abbans AC (003)
9. Caitriona McDonald, St. Abbans AC (006)
10. Margo Dowling, St. Abbans AC (002)
11. Siobhan Burke, Ballyroan Abbeyleix & District AC (903)
12. Ann Hogan, Portlaoise AC (331)
13. Mairead Moore, St. Abbans AC (004)
14. Kate Bermingham, St. Abbans AC (005)
15. Trish Cuddy, Portlaoise AC (330)
16. Francis Deegan, Lawlor, Portlaoise AC (333)
17. Agnes Fennelly, Ballyroan, Abbeyleix & District (900)
18. Ann Nicholl Vaughn, St. Abbans AC (009)
19. Laura Brennan, St. Abbans AC (013)

#### Individual Winners:

1. Paula Grant, Portlaoise AC
2. Sharon Grant, Portlaoise AC
3. Pippa Hackett, St. Michaels AC

#### Team Winners:

1. Ballyroan, Abbeyleix & District AC (22 points - 4, 5, 6, 7)  
(Louise O'Mahony, Breda McDonald, Jean McEvoy, Kate McDonald)

2. Portlaoise AC (30 points - 1, 2, 12, 15)  
(Paula Grant, Sharon Grant, Ann Hogan, Trish Cuddy)
3. St. Abbans AC (40 points - 8, 9, 10, 13)  
(Moira Griffith, Catriona McDonald, Margo Dowling, Mairead Moore)

#### SENIOR MEN

1. Stephen Lawlor, St. Abbans AC (022)
2. Colin Maher, Ballyfin AC (141)
3. Cormac Kelly, St. Abbans AC (024)
4. Danny Lawler, St. Abbans AC (023)
5. Tony Reilly, Portlaoise AC (349)
6. Colm Burke, St Abbans AC (018)
7. Brian Kelly, St. Abbans AC (027)
8. Stephen Hunter, St. Michaels AC (837)
9. Cyril Cuddy, Portlaoise AC (335)
10. Aengus Burke, Portlaoise AC (346)
11. Liam Dunne, Ballyroan Abbeyleix & District AC (910)
12. Noel Marum, Portlaoise AC (344)
13. Riobaird Miller, Ballyfin AC (143)
14. Mark Hackett, St. Michaels (835)
15. James Hamm, Portlaoise AC (334)
16. Patrick Marshall, Portlaoise AC (345)
17. Garry Cantwell, St. Abbans AC (025)
18. Colm Fitzgerald, Portlaoise AC (348)
19. Martin McDonald, Ballyroan Abbeyleix & District AC (916)
20. Richie Reid, Portlaoise AC (347)
21. Ciaran Keenan, Ballyfin AC (140)
22. Tom Dunne, Ballyroan Abbeyeix & District AC (911)
23. James Nolan, St. Abbans AC (026)
24. Declan McGibney, Ballyfn AC (153)
25. Aaron Murphy, St. Abbans AC (038)
26. Colm McEvoy, St. Abbans AC (021)
27. Dorel Picovici, St. Abbans AC (020)
28. Conor Barry, St. Abbans AC (030)
29. John Kirwin, Ballyroan Abbeyleix & District AC (915)
30. Niall English, St. Abbans AC (028)
31. Liam Buggy, Ballyfin AC (136)
32. John Kenny, St. Abbans AC (035)
33. Noel Burke, Ballyroan Abbeyleix & District AC (912)
34. Francis Fleming, St. Abbans AC (029)
35. Mike McCarthy, Ballyfin AC (129)
36. Trevor Percy, Portlaoise AC (394)
37. Tim Churchouse, Ballyroan Abbeyleix & District AC (913)
38. Cormac Fitzpatrick, Ballyfin AC (142)
39. Stephen Bland, Ballyfin AC (157)

Individual Winners:

1. Stephen Lawlor, St. Abbans AC
2. Colin Maher, Ballyfin AC
3. Cormac Kelly, St. Abbans AC

Team Winners:

1. St. Abbans AC (38 points - 1, 3, 4, 6, 7, 17)  
(Stephen Lawlor, Cormac Kelly, Danny Lawler, Colm Burke, Brian Kelly, Garry Cantwell)
2. Portlaoise AC (67 points - 5, 9, 10, 12, 15, 16)  
(Tony Reilly, Cyril Cuddy, Aengus Burke, Noel Marum, James Hamm, Patrick Marshall)
3. Ballyfin AC (126 points - 2, 13, 21, 24, 31, 35)  
(Colin Maher, Riobaird Miller, Ciaran Keenan, Declan McGibney, Liam Buggy, Mike McCarthy)

**DAY 4 LAOIS CROSS COUNTRY CHAMPIONSHIPS**

**MASTERS, JUNIOR & DEVELOPMENT RACES**

**EMO, 29TH NOVEMBER 2015**

**Girls U/10**

**800m**

1. Rachel Ayers, St. Abbans AC
2. Katie Baldwin, St. Abbans AC
3. Lilly Eacrett, St. Micheals AC
4. Katie McGrath, St. Abbans AC
5. Niamh Peake, Rosenallis/Kilcavan AC
6. Ava Jewell, Rosenallis/Kilcavan AC

7. ??

**Boys U/10            800m**

1. Sean O'Sullivan, St. Abbans AC
2. Timmy Byrne, St. Abbans AC
3. Jack Murphy, St. Micheals AC
4. Conor Whelan, Rosenallis/Kilcavan AC
5. Daithi Peake, Rosenallis/Kilcavan AC
6. Charlie Hand, Emo/Rath AC
7. Eoin Dooley, Emo/Rath AC

**Girls U12            1200m**

1. Katie Mahon, St. Micheals
2. Orla Whelan, Rosenallis/Kilcavan AC
3. Amy McKane, Rosnellis/Kilcavan AC
4. Jade Coogan, St. Micheals AC
5. Kate Connolly, St. Micheals AC
6. Niamh Bland, Ballyfin AC

**Boys U12            1200m**

1. Lee Murphy, St. Abbans AC

2. Andy Murphy, St. Micheals AC
3. Shane Mulpeter, St. Micheals AC

**Girls U/14            1600m**

1. Dearbhail Cuddy, Ballyfin AC
2. Leah McKenna, St. Micheals AC
3. Sarah Graham, St. Abbans AC
4. Sinead McEvoy, Ballyroan, Abbeyleix & District AC
5. Roisin Bland, Ballyfin AC
6. Isobel Churchouse, Ballyroan, Abbeyleix & District AC

**Boys U/14        1600m**

1. Charlie Hackett, St. Micheals
2. Josh Murphy, St. Micheals
3. Ben Holden, Mountmellick AC

**Girls U/16            2500m**

1. Sarah McMahon, Ballyroan Abbeyleix & District AC
2. Kiahara Dempsey, Mountmellick AC
3. Katie Walsh, Portlaoise AC

**Boys U/16            2500m**

1. Cathal Connaughton, Oughaval AC

2. Thomas Dunne, Ballyfin AC
3. Sean Sheridan, Oughaval AC
4. Colin Grennan, Rosenallis/Kilcavan AC
5. Matthew Rossiter, St. Abbans AC
6. Ger Kelly, St. Abbans AC

**Junior Women                      3k**

1. Louise Stack, Portlaoise AC
2. Niamh Quinn, Portlaoise AC
3. Caitlin McDonald, St. Abbans AC
4. Maebh Meagher, St. Abbans AC
5. Amy Walsh, Portlaoise AC



**SECONDARY SCHOOLS CROSS COUNTRY CHAMPIONSHIPS**  
**JANUARY 22<sup>ND</sup> 2015, O'DEMPSEY'S GAA PARK**

**Minor Girls**

- |     |                       |                      |
|-----|-----------------------|----------------------|
| 1.  | Rebecca Balfe         | Mountrath            |
| 2.  | Jessica Brennan       | Heywood              |
| 3.  | Holly Bowe            | Rathdowney           |
| 4.  | Jenny O'Connor Murphy | Christ Ri Portlaoise |
| 5.  | Katie Walsh           | Christ Ri Portlaoise |
| 6.  | Leanne Hyland         | Rathdowney           |
| 7.  | Lily McCormack        | Mountrath            |
| 8.  | Amy Farrington        | Clonaslee            |
| 9.  | Grace O'Brien         | Christ Ri Portlaoise |
| 10. | Anna Hyland           | Clonaslee            |
| 11. | Kira Bannon           | Mountrath            |
| 12. | Jessica Phelan        | Mountrath            |
| 13. | Elody Fitzpatrick     | Clonaslee            |

**Team Scores**

1. Mountrath 1, 7, 11, 12 (**31**)
2. Christ Ri 4, 5, 9, X
3. Clonaslee 8, 10, 13, X

**Minor Boys**

- |     |                   |              |
|-----|-------------------|--------------|
| 1.  | Eddie Allen       | Mountrath    |
| 2.  | Jack Stone CBS    | Portlaoise   |
| 3.  | Delvin McLaughlin | Portarlinton |
| 4.  | Ryan Coss         | Mountrath    |
| 5.  | Owen Flannagan    | Rathdowney   |
| 6.  | Emmanuel Ilori    | Portarlinton |
| 7.  | Hughie Nevin      | Mountrath    |
| 8.  | Robert O'Sullivan | Mountrath    |
| 9.  | Kevin Mulhall     | Rathdowney   |
| 10. | Jake Hogan        | Heywood      |
| 11. | Ben Slevin        | Portarlinton |
| 12. | Cody LaCumber     | Heywood      |
| 13. | Jamie Hickey CBS  | Portlaoise   |
| 14. | Elson Simiao CBS  | Portlaoise   |
| 15. | Evan Hawkes       | Rathdowney   |
| 16. | Emmet Saunders    | Rathdowney   |
| 17. | Ayo Dara Mola CBS | Portlaoise   |
| 18. | Sean Uys          | Heywood      |
| 19. | Oisin Bergin      | Heywood      |

**Team Scores**

1. Mountrath 1, 4, 7, 8 (**20**)
2. Rathdowney 5, 9, 15, 16 (**45**)
3. CBS Portlaoise 2, 13, 14, 17 (**46**)

### Junior Girls

1. Laura Stapleton Heywood
2. Mary Hyland Clonaslee
3. Ellen Miller Christ Ri Portlaoise
4. Allana Tynan Rathdowney
5. Clodagh Tynan Rathdowney
6. Lauren Barry Portarlington
7. Jana Joha Portarlington
8. wendy Obeolor Heywood
9. Shona Jones Rathdowney
10. Rebecca Malone Clonaslee
11. Erika Razmaite Portarlington
12. Sarah Jane Purcell Clonaslee
13. Saoise O'Shaughnessy Mountmellick
14. Kirsha Rice Portarlington
15. Kathleen Dwyer Clonaslee
16. Rebecca Boyhan Portarlington
17. Rachel Dooley Clonaslee
18. Róisín Gorden Clonaslee
19. Megan Friel Clonaslee

### Team Scores

1. Portarlington 6, 7, 11, 14 (**38**)
2. Clonaslee 2, 10, 12, 15 (**39**)
3. Rathdowney 4, 5, 9, X

### Junior Boys

1. Cian McDonald Heywood
2. Darren Bowe Rathdowney
3. Cuan Anthony Knockbeg
4. Finbar Kavanagh Knockbeg
5. Vincent Hendrigan Knockbeg
6. Blake Holmes Knockbeg
7. Jack Lacey Knockbeg
8. Thep Fitzpatrick Rathdowney
9. Matthew Murphy Rathdowney
10. Lee Brennan CBS Portlaoise
11. Adam Dunne Knockbeg
12. Carl Deans Mountmellick
13. Thass McCabe Heywood
14. Ben Delaney Rathdowney

- |     |                    |                |
|-----|--------------------|----------------|
| 15. | Leon Stafford      | Clonaslee      |
| 16. | David McKane       | Clonaslee      |
| 17. | Sean O'Connell     | CBS Portlaoise |
| 18. | Ciaran Warde       | Portarlinton   |
| 19. | Victor Fam         | Mountrath      |
| 20. | Dylan Delaney      | Rathdowney     |
| 21. | Oisin Campion      | Rathdowney     |
| 22. | Adam O'Shaughnessy | Heywood        |
| 23. | Emmanuel Abidoye   | CBS Portlaoise |
| 24. | Gerard Kelly       | Knockbeg       |
| 25. | George Roberts     | Knockbeg       |
| 26. | Chris Phelan       | Rathdowney     |

### Team Scores

1. Knockbeg 3, 4, 5, 6 (**18**)
2. Rathdowney 2, 8, 9, 14 (**33**)
3. Knockbeg 7, 11, 24, 25 (**67**)

### Intermediate Girls

- |     |                   |                      |
|-----|-------------------|----------------------|
| 1.  | Elaine Daly       | Christ Ri Portlaoise |
| 2.  | Aoibhinn Lawlor   | Clonaslee            |
| 3.  | Aoife Daly        | Christ Ri Portlaoise |
| 4.  | Amy Walsh         | Christ Ri Portlaoise |
| 5.  | Charlie Walsh     | Christ Ri Portlaoise |
| 6.  | Caoimhe McCartney | Heywood              |
| 7.  | Lorraine O'Dea    | Heywood              |
| 8.  | Shauna ODea       | Heywood              |
| 9.  | Liadan C-Fennell  | Clonaslee            |
| 10. | Tara Culleton     | Heywood              |
| 11. | Róisín O'Donovan  | Clonaslee            |
| 12. | Sarah Hennessy    | Rathdowney           |
| 13. | Ciara Hughes      | Clonaslee            |
| 14. | Emma Fitzpatrick  | Christ Ri Portlaoise |
| 15. | Isobel Quinn      | Christ Ri Portlaoise |

### Team Scores

1. Christ Ri 1, 3, 4, 5 (**13**)
2. Heywood 6, 7, 8, 10 (**31**)
3. Clonaslee 2, 9, 11, 13 (**35**)

### Intermediate Boys

- |    |                |              |
|----|----------------|--------------|
| 1. | Cian Kelly     | Knockbeg     |
| 2. | Luke Herke     | Rathdowney   |
| 3. | Richard Butler | Knockbeg     |
| 4. | Cormac Curtis  | Portarlinton |

- |     |                   |            |                |
|-----|-------------------|------------|----------------|
| 5.  | Donal English     | Hayden     | Knockbeg       |
| 6.  | Diarmaid Conway   |            | Rathdowney     |
| 7.  | Christopher Carew | Mountrath  |                |
| 8.  | Owen Carey        | CBS        | Portlaoise     |
| 9.  | Declan Roberts    |            | Knockbeg       |
| 10. | Sean Browne       |            | Rathdowney     |
| 11. | Jason Fitzpatrick |            | Portarlinton   |
| 12. | David Brickley    |            | Mountrath      |
| 13. | Liam Senior       | Clonaslee  |                |
| 14. | Jack Corr         |            | Mountrath      |
| 15. | Tristan Kavanagh  |            | Mountmellick   |
| 16. | Ryan Kilroe       | Clonaslee  |                |
| 17. | Ewan Brennan      |            | Heywood        |
| 18. | Oisin Fitzpatrick |            | Heywood        |
| 19. | Sean Sheridan     |            | CBS Portaloise |
| 20. | Owen Moore        |            | Heywood        |
| 21. | Niall Brachan     |            | Mountmellick   |
| 22. | Nathan Quinn      |            | Heywood        |
| 23. | Daniel Connolly   |            | Mountrath      |
| 24. | Padraig Hickey    |            | Clonaslee      |
| 25. | Chris Rafter      | Rathdowney |                |
| 26. | Brandon McGinley  | Rathdowney |                |
| 27. | Brian Corby       | Rathdowney |                |
| 28. | Colin Grennan     |            | Mountmellick   |
| 29. | Reece Rooney      |            | Clonaslee      |
| 30. | Dylan Doyle       | Rathdowney |                |
| 31. | Aaron Mooney      |            | Clonaslee      |
| 32. | Shay Foines       | Clonaslee  |                |
| 33. | David Hannafin    |            | Knockbeg       |
| 34. | Jim Tyrell        | CBS        | Portlaoise     |
| 35. | Dale Carroll      | Rathdowney |                |
| 36. | Craig Sanders     |            | Rathdowney     |
| 37. | Patrick Wright    |            | Rathdowney     |
| 38. | George Awonyi     |            | Mountmellick   |
| 39. | Sean Condon       |            | Clonaslee      |
| 40. | Killian Dunphy    |            | Mountmellick   |
| 41. | Nathan Lee        |            | Mountmellick   |
| 42. | Kevin Bolton      |            | Mountmellick   |
| 43. | John Cannon       | Rathdowney |                |

### Team Scores

1. Knockbeg 1, 3, 5, 9 (**18**)
2. Rathdowney 2, 6, 10, 25 (**43**)
3. Mountrath 7, 12, 14, 23 (**56**)

## Senior Girls

1. Louise Stack Mountrath
2. Aoife Campion Christ Ri Portlaoise
3. Anna Healy Christ Ri Portlaoise
4. Emma Keane Rathdowney
5. Aine McDonald Heywood
6. Eimear Kelly Heywood
7. Maeve Kelly Heywood
8. Cassandra Dekruiff Clonaslee
9. Lisa Daly Heywood
10. Rebecca Rutledge Rathdowney

## Team Scores

1. Heywood 5, 6, 7 (**18**)
2. Christ Ri 2, 3, X, X
3. Rathdowney 4, 10, X, X

## Senior Boys

1. James Moore Knockbeg
2. Domhnall O'Farrell Mountrath
3. James Tyrell Knockbeg
4. Aran Murphy Knockbeg
5. Cein Fitzpareitck Portlarlington
6. Cathal Grennan Mountmellick
7. David McCabe CBS Portlaoise
8. Owen Fitzpatrick Rathdowney
9. Chris Shields Heywood
10. Conor Meaghar Rathdowney
11. Finbar Conway Rathdowney
12. Jake Creagh Rathdowney
13. Kevin O'Dea Rathdowney
14. Darren Hanley Rathdowney
15. Adam Coss Mountmellick
16. James Carroll Heywood
17. Cian Moffitt Heywood
18. David Vesey Heywood
19. Ciaran Dunphy Clonaslee
20. William Wren Clonaslee
21. Alan McDermott Clonaslee
22. Sean Clear Rathdowney
23. Jack Ryan Rathdowney
24. Tom Aggregs Knockbeg

25. Shane Hoolihan

Rathdowney

26. Conor Sheerin

Clonaslee

### **Team Scores**

1. Knockbeg 1, 3, 4, 24 (**32**)

2. Rathdowney 8, 10, 11, 12 (**41**)

3. Heywood 6, 16, 17, 18 (**60**)

4. *Rathdowney* 13, 14, 22, 23 (**72**)