

2014 Laois County Track & Field Championships – Day 1
St Abban's AC Sports Complex
Friday May 9th 2014

Senior Women 100m

1	Aoife Campion	Portlaoise
2	Siobhan McCann	St Michaels
3	Shauna Daly	St Abbans

Senior Men 100m

1	Conor Daly	St Abbans
2	Adam Coss	Mountmellick
3	Denis Brophy	St Abbans

Girls U9 60m

1	Cara Goode	Ballyfin
2	Katie Brennan	St Abbans
3	Maya Brennan	St Abbans

Boys U9 60m

1	Conor McMahon	Portlaoise
2	Evan English	St Abbans
3	Ciaran Quinn	Ballyfin

Girls U11 80m

1	Heather Murphy	St Michaels
2	Amy Brennan	St Abbans
3	Lucy Goode	Ballyfin

Boys U11 80m

1	John Ikpotokin	St Michaels
2	Paul Roberts	St Michaels
3	Darragh Kelay	St Abbans

Girls U13 80m

1	Sasha Kemmy	Oughaval
2	Helen Ikpotokin	St Michaels
3	Ella-Cydney Banjoko-Johnson	St Michaels

Boys U13 80m

1	Canice Whearty	Oughaval
2	David McDonald	St Abbans
3	John Hughes	Rosenallis/Kilcavan

Girls U15 100m

1	Elaine Daly	Portlaoise
2	Aoife Daly	Portlaoise
3	Daena Kealy	St Abbans

Boys U15 100m

1	Donal Hetherington	Emo-Rath
2	Adam Holden	Mountmellick
3	Tom Buggy	St Abbans

Girls U17 100m

1	Orla Mullally	St Michaels
2	Una Hetherington	Emo-Rath
3	Lauren Kealy	St Abbans

Boys U17 100m

1	Jack Fortune	Portlaoise
2	Jamie Pender	St Abbans
3	Adam Coss	Mountmellick

Girls U19 100m

1	Aoife Campion	St Abbans
2	Lucy O'Neill	St Abbans
3	Stephanie Bennett	Portlaoise

Boys U19 100m

1	Aaron Murphy	St Abbans
2	Darragh Nerney	Oughaval
3	Dylan Byrne-Gray	St Abbans

Girls U10 300m

1	Cara Goode	Ballyfin
2	Katie Brennan	St Abbans
3	Aoibhinn McDonald	St Abbans

Boys U10 300m

1	John Ikpotokin	St Michaels
2	Conor McMahon	Portlaoise
3	Blake Kemmy	Oughaval

Girls U12 600m

1	Ava O'Connor	Emo-Rath
2	Helen Ikpotokin	St Michaels
3	Ailbhe Ni Chuinn	Portlaoise

Boys U12 600m

1	Darragh Kealy	St Abbans
2	David Dooley	Rosenallis-Kilcavan
3	Conor O'Keeffe	St Michaels

Girls U14 800m

1	Cara Maher	St Abbans
2	Orla Davis	St Abbans
3	Rebecca Balfe	Emo-Rath

Boys U14 800m

1	Tom Buggy	St Abbans
2	David McDonald	St Abbans
3	Eddie Allen	Emo-Rath

Girls U16 800m

- | | | |
|---|---------------|------------|
| 1 | Lauren Graham | St Abbans |
| 2 | Meabh Meagher | St Abbans |
| 3 | Aoife Daly | Portlaoise |

Girls U18 800m

- | | | |
|---|-----------------|-----------------|
| 1 | Avril Deegan | Ballyroan A & D |
| 2 | Anna Healy | Portlaoise |
| 3 | Sophie Devereux | St Michaels |

Junior Women – 1 Mile

- | | | |
|---|---------------|-----------------|
| 1 | Niamh Quinn | Portlaoise |
| 2 | Avril Deegan | Ballyroan A & D |
| 3 | Aine McDonald | Ballyroan A & D |

Senior Women – 1 Mile

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|---|-----------------|-------------|
| 1 | Colette English | St Abbans |
| 2 | Pippa Hackett | St Michaels |
| 3 | Maire Griffith | St Abbans |

Girls U10 4x100m relay

- | | |
|---|---------------------|
| 1 | St Abbans |
| 2 | Rosenallis-Kilcavan |
| 3 | Portlaoise |

Girls U12 4x100m relay

- | | |
|---|------------|
| 1 | St Michael |
| 2 | St Abbans |
| 3 | Portlaoise |

Girls U14 4x100m relay

- | | |
|---|-----------|
| 1 | St Abbans |
| 2 | Oughaval |
| 3 | Emo-Rath |

Girls U16 4x400m relay

- | | |
|---|------------|
| 1 | St Abbans |
| 2 | Portlaoise |
| 3 | Emo-Rath |

Girls U18 4x400m relay

- | | |
|---|---------------|
| 1 | St Abbans AC |
| 2 | Portlaoise AC |
| 3 | |

Senior Women 4x100m relay

- | | |
|---|-----------------|
| 1 | St Abbans AC |
| 2 | St Michaels AC |
| 3 | Ballyroan A & D |

Boys U16 800m

- | | | |
|---|---------------|-----------------|
| 1 | Cian Kelly | St Abbans |
| 2 | Oisin Ryan | St Abbans |
| 3 | Cian McDonald | Ballyroan A & D |

Boys U18 800m

- | | | |
|---|----------------|---------------------|
| 1 | Cathal Grennan | Rosenallis-Kilcavan |
| 2 | Fionn Meagher | St Abbans |
| 3 | Adam Coss | Mountmellick |

Junior Men – 1 Mile

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|---|--------------|-----------|
| 1 | James Moore | St Abbans |
| 2 | James Tyrell | St Abbans |
| 3 | Aaron Murphy | St Abbans |

Senior Men – 1 Mile

- | | | |
|---|-----------------|-----------------|
| 1 | John Fenlon | St Michaels |
| 2 | Owen Connolly | St Michaels |
| 3 | Martin McDonald | Ballyroan A & D |

Boys U10 4x100m relay

- | | |
|---|---------------------|
| 1 | Rosenallis-Kilcavan |
| 2 | |
| 3 | |

Boys U12 4x100m relay

- | | |
|---|---------------------|
| 1 | Rosenallis-Kilcavan |
| 2 | St Abbans |
| 3 | Ballyfin |

Boys U14 4x100m relay

- | | |
|---|-----------|
| 1 | St Abbans |
| 2 | Oughaval |
| 3 | Emo-Rath |

Boys U16 4x400m relay

- | | |
|---|-----------|
| 1 | St Abbans |
| 2 | Oughaval |
| 3 | |

Boys U18 4x400m relay

- | | |
|---|--|
| 1 | |
| 2 | |
| 3 | |

Senior Men 4x100m relay

- | | |
|---|----------------|
| 1 | St Abbans AC |
| 2 | St Abbans AC |
| 3 | St Michaels AC |

Long Jump Results	
U/10 Girls Long Jump: 1. Katie Brennan (St Abbans) 3.11m 2. Niamh Bland (Ballyfin) 2.93m 3. Maya Brennan (St Abbans) 2.90m	U/10 Boys Long Jump: 1. Blake Kemmy (Oughaval) 3.10m 2. Adam Buggy (St Abbans) 2.92m 3. Conor Whearty (Oughaval) 2.91m
U/12 Girls Long Jump: 1. Ava Lawlor (Mountmellick) 3.42m 2. Amy Brennan (St Abbans) 3.21m 3. Emma Mc Cann (Mountmellick) 3.13m	U/12 Boys Long Jump: 1. Gearoid Dempsey (Mountmellick) 3.61m 2. Mathew Buggy (Oughaval) 3.43m 3. David Dooley (Rosenallis/Kilcavan) 3.39m
U/14 Girls Long Jump: 1. Ruby Millett (St Abbans) 4.62m 2. Rebecca Balfe (Emo Rath) 3.88m 3. Orla Davis (St Abbans) 3.55m	U/14 Boys Long Jump: 1. Canice Whearty (Oughaval) 2. Tom Buggy (St Abbans) 3. Eddie Allen (Emo Rath)
U/16 Girls Long Jump: 1. Daena Kealy (St Abbans) 4.19m 2. Aoife Healy (Portlaoise) 3.74m 3. Dervla Scully (Oughaval) 3.69m	U/16 Boys Long Jump:
High Jump Results	
U/14 Girls High Jump: 1. Orla Davis (St Abbans) 1.33m 2. Cara Meagher (St Abbans) 1.30m 3. Kate Mc Donald (Oughaval) 1.20m	U/14 Boys High Jump: 1. Tom Buggy (St Abbans) 1.22m 2. Canice Whearty (Oughaval) 1.19m 3. TJ Blake (St Abbans) 1.16m
U/16 Girls High Jump: 1. Daena Kealy (St Abbans) 1.30m 2. Dervla Scully (Oughaval) 1.10m	U/16 Boys High Jump: 1. Oisin Ryan (St Abbans) 1.25m 2. Elliott Scully (Oughaval) 1.15m
Senior Women High Jump: 1. Louise O'Neill (St Abbans) 1.25m 2. Siobhan McCann (St Michaels) 1.20m	Senior Men High Jump: 1. Owen Kelly (St Abbans) 1.75m 2. Kevin Wilson (St Abbans) 1.70m 3. Connor Daly (St Abbans) 1.70m
Shot Putt Results	
U/15 Girls Shot Putt: 1. Elaine Daly (Portlaoise) 9.70m 2. Gillian Keenan (Emo Rath) 8.13m 3. Davina Healy (St Abbans) 6.96m	U/15 Boys Shot Putt: 1. Cian Kelly (St Abbans) 10.70m 2. Gearoid Kelly (St Abbans) 7.13m 3. Cian Mc Donald (Ballyroan A & D) 6.70m
U/17 Girls Shot Putt: 1. Seodhna Hoey (Portlaoise) 11.69m 2. Nicole Keogh Dowling (St Abbans) 10.88m 3. Niamh Moore (St Abbans) 6.56m	U/17 Boys Shot Putt: 1. Adam Coss (Mountmellick) 7.24m 2. Cathal Grennan (Rosenallis/Kilcavan) 6.78m 3. Jordan Murray (Rosenallis/Kilcavan) 6.34m
Senior Men Shot Putt: 1. Seamus Fitzpatrick (Portlaoise AC) 11.33m 2. Eoin Kelly (St Abbans AC) 10.33m 3. Michael Farrell (St Abbans AC) 8.90m	Senior Women Shot Putt: 1. Shauna Healy (St Abbans AC) 9.79m 2. Emma Daly (St Abbans AC) 9.32m 3. Sarah Buggy (St Abbans AC) 7.86m

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Club	Track medals				Field Medals				Total
	Gold	Silver	Bronze	Track Total	Gold	Silver	Bronze	Field Total	
St Abbans	19	16	11	46	10	6	7	23	69
St Michaels	6	7	4	17		1		1	18
Portlaoise	4	5	5	14	3	1		4	18
Oughaval	2	4	1	7	1	5	3	9	16
Emo-Rath	2	1	4	7		2		2	9
Rosenallis-Kilcavan	3	2	1	6		1	2	3	9
Mountmellick		2	2	4	3		1	4	8
Ballyroan A & D	1	1	4	6			1	1	7
Ballyfin	2		3	5		1		1	6